

Final Results of the inaugural Independence Day at the Bay 5K

Pos	Num	Time	Name	Club	Category
1	180	16:30.7	Matthew Lockett	GCH	Senior Man
2	11	17:05.1	George Boyle	Fidelity Investments	Senior Man
3	129	17:18.3	Ian Egan	GCH	Vet Man O/40
4	167	17:22.8	Joe Morrissey	In Limbo	Senior Man
5	159	17:46.1	David Keanine	Sligo AC	Senior Man
6	198	18:17.5	Diarmuid Coffey	n/a	Senior Man
7	197	18:18.7	Cahill Tommy	n/a	Senior Man
8	6	18:20.1	Kieran Ryan	n/a	Senior Man
9	196	18:21.5	Brendan Gill	n/a	Senior Man
10	151	18:25.1	Gary Madden	West Limerick AC	Senior Man
11	218	18:28.4	No Number	n/a	n/a
12	49	18:42.8	Damien Ridge	n/a	Senior Man
13	99	18:57.1	Barry Phelan	n/a	Senior Man
14	177	18:59.6	Daniel Kavannagh	Athenry AC	Senior Man
15	52	19:19.8	Adrian Fizmaurice	Athenry AC	Vet Man O/40
16	194	19:23.0	Tom O Brien	Waterford AC	Vet Man O/40
17	191	19:26.2	Andrew Talbot	Clare River Harriers	Vet Man O/40
18	36	19:35.8	Kieran Whyte	GCH	Vet Man O/40
19	173	19:36.7	Fergal Egan	GCH	Senior Man
20	203	19:50.4	Michael Spillane	n/a	Senior Man
21	72	19:52.0	Cian Blake	n/a	Senior Man
22	71	19:58.3	Eimear Butler	n/a	Senior Woman
23	120	19:59.2	Joe Scanlon	n/a	Vet Man O/60
24	195	20:02.8	Seamus Coyne	GCH	Senior Man
25	189	20:11.8	Adrian Hardiman	GCH	Junior Man
26	141	20:16.1	Dessie Murray	n/a	Senior Man
27	192	20:22.7	Irene Gorman	GCH	Junior Woman
28	210	20:26.4	Ronan O Conghaile	n/a	Senior Man
29	160	20:29.3	Martina Costello	n/a	Vet Woman O/35
30	216	20:30.2	David Flaherty	Tuam AC	Senior Man
31	175	20:33.1	Aidan Hanley	Galway Triathlon Club	Senior Man
32	90	20:45.3	John MacSweeney	GCH	Vet Man O/50
33	121	20:45.9	Mick Fenton	Civil Service Harriers	Vet Man O/50
34	195	21:00.2	Seamus Coyne	GCH	Senior Man
35	63	21:09.8	Brendan Kennelly	n/a	Vet Man O/40
36	217	21:13.6	James Lunden	Athenry AC	Senior Man
37	181	21:16.6	Ray Quinn	n/a	Senior Man
38	95	21:24.0	Ken Horan	n/a	Senior Man
39	183	21:29.1	Joseph Clancy	Loughrea AC	Vet Man O/40
40	193	21:35.0	Seamus Leahy	n/a	Vet Man O/40
41	174	21:37.1	Miriam Wall	Athenry AC	Vet Woman O/35
42	106	21:49.4	Karl Prendergast	n/a	Senior Man
43	178	21:52.2	John Gerard Flaherty	Clare River Harriers	Senior Man
44	66	21:55.3	Mark Kenny	n/a	Senior Man
45	111	21:57.8	Niamh Ni Chuaig	n/a	Senior Woman
46	113	22:03.1	Niamh Hennelly	n/a	Senior Woman
47	79	22:07.2	Gerry Kelly	n/a	Senior Man
48	215	22:18.4	Gabriel Ruane	n/a	Senior Man
49	188	22:20.4	Martin Hynes	Tuam AC	Vet Man O/60
50	38	22:20.9	Noel Murray	Loughrea AC	Vet Man O/40
51	202	22:22.5	Lornie O Dwyer	Crusaders AC	Senior Woman
52	53	22:27.5	Deirdra Keaney	n/a	Vet Woman O/35
53	112	22:36.4	Seamus King	n/a	Vet Man O/40
54	42	22:47.3	Brendan O'Malley	n/a	Senior Man
55	5	22:50.4	Eoin O'Sullivan	n/a	Senior Man
56	119	22:52.5	Maeve Noone	Athenry AC	Vet Woman O/35
57	74	22:59.4	Bernie Kelly	GCH	Vet Woman O/45
58	97	23:03.6	Declan Fuller	n/a	Senior Man
59	76	23:11.9	Kevin Rohan	n/a	Senior Man

60	170	23:32.1	Robert Finneran	n/a	Senior Man
61	58	23:34.0	Declan Feeney	n/a	Senior Man
62	130	23:34.6	Peter O'Halloran	n/a	Vet Man O/50
63	31	23:35.1	Deirdra Quinn	Athenry AC	Senior Woman
64	209	23:39.4	Patrick McGarry	n/a	Senior Man
65	25	23:50.8	Martin Kenny	n/a	Senior Man
66	39	23:51.3	Martin Murray	Predator Triathlon Club	Junior Man
67	94	23:57.5	Aoife Sharkey	n/a	Senior Woman
68	20	24:01.2	Oliver Mortimor	n/a	Senior Woman
69	3	24:04.2	Damien Hunter	n/a	Senior Man
70	89	24:06.2	Sinead Goaley	Athenry AC	Senior Woman
71	44	24:19.5	Des Mannion	n/a	Senior Man
72	213	24:20.4	Brian O Gibone	n/a	Vet Man O/40
73	125	24:30.3	Michelle Healy	GCH	Vet Woman O/35
74	107	24:33.0	Ronan O'Halloran	n/a	Senior Man
75	29	24:34.8	Eimear Kyne	n/a	Senior Woman
76	108	24:35.5	Patrick Moylan	n/a	Senior Man
77	208	24:46.3	Karena McCarthy	GCH	Senior Woman
78	158	24:50.3	Mike McGrath	n/a	Senior Man
79	77	25:02.3	David Glynn	n/a	Senior Man
80	105	25:07.7	John McLoughlin	n/a	Senior Man
81	109	25:11.4	Jenny Cleary	n/a	Senior Woman
82	149	25:11.9	Christian Warren	n/a	Senior Man
83	206	25:12.5	Mark Ryan	n/a	Junior Man
84	155	25:13.0	Mary Lynch	n/a	Vet Woman O/35
85	30	25:13.3	Brendan Raftery	n/a	Senior Man
86	207	25:13.7	James Ryan	n/a	Junior Man
87	205	25:14.4	Aidan Lynch	n/a	Vet Man O/40
88	148	25:15.7	Judith Lyons	GCH	Senior Woman
89	182	25:18.7	Amanda Dolan	n/a	Vet Woman O/35
90	82	25:19.4	Michelle Tooher	Athenry AC	Vet Woman O/35
91	185	25:21.5	Pauline Burke	n/a	Vet Woman O/35
92	48	25:33.5	Kieran Guiry	n/a	Senior Man
93	83	25:45.8	Assumpta Feeney	Athenry AC	Senior Woman
94	47	25:48.4	Chris O'Connor	n/a	Senior Man
95	103	25:49.7	Anne Hunter	Athenry AC	Vet Woman O/35
96	176	25:53.2	Noel Farrell	Loughrea AC	Vet Man O/40
97	201	26:05.0	Martin Ronan	GCH	Vet Man O/40
98	43	26:06.6	Carrie Fritz	n/a	Senior Woman
99	68	26:10.4	Clare Walsh	Mayo AC	Senior Woman
100	35	26:34.6	Olivia Deely	Loughrea AC	Senior Woman
101	124	26:44.0	James Seymour	n/a	Senior Man
102	54	26:47.6	Caroline Ryan	GCH	Senior Woman
103	40	26:47.9	June Donnelly	n/a	Senior Woman
104	186	26:48.4	Richard Burke	n/a	Senior Man
105	204	26:48.9	Paul Adamiak	n/a	Senior Man
106	144	27:00.0	Catherine Paolucci	n/a	Senior Woman
107	145	27:00.4	Patrick Molloy	n/a	Senior Man
108	153	27:03.9	Deirdra O'Doherty	GCH	Senior Woman
109	161	27:04.4	Denis Nolan	n/a	Senior Man
110	41	27:04.8	Rob Queen	n/a	Vet Man O/40
111	65	27:10.6	Ross O'Boyle	n/a	Senior Man
112	168	27:24.4	Declan Burns	n/a	Senior Man
113	143	27:25.9	Teresa Matriciano	n/a	Vet Woman O/55
114	80	27:28.7	Brad Atkinson	n/a	Senior Man
115	156	27:35.0	Sinead Purcell	n/a	Senior Woman
116	157	27:35.4	Graham Agnew	n/a	Vet Man O/40
117	37	27:36.9	Joanne Murray	Loughrea AC	Vet Woman O/35
118	81	27:49.0	Sadhbh Baxter	n/a	Senior Man
119	13	27:55.6	Adrian Ward	n/a	Senior Man
120	137	28:00.3	Abbie Wing	Olympic Physique	Senior Woman

121	126	28:02.8	Annette Cantrell	n/a	Vet Woman O/35
122	127	28:03.2	Aidan O'Connell	n/a	Senior Man
123	162	28:19.6	Nick Hayes	n/a	Senior Man
124	150	28:29.2	Sean Brady	n/a	Senior Man
125	128	28:31.4	Laura O'Connor	n/a	Vet Woman O/35
126	187	28:32.5	Patrick O'Sullivan	n/a	Vet Man O/40
127	172	28:48.9	Siobhan Moore	n/a	Vet Woman O/35
128	7	28:51.6	Des Dooley	n/a	Senior Man
129	101	29:05.6	Kayanne Horgan	n/a	Vet Woman O/35
130	102	29:06.1	Elaine McCormack	n/a	Senior Woman
131	55	29:10.9	Jane Quinlisk	n/a	Senior Woman
132	139	29:17.1	Finbarr O'Donnell	n/a	Senior Man
133	134	29:41.9	Jaclyn Barron	n/a	Vet Woman O/45
134	16	29:48.6	Julianne LeGierse	n/a	Senior Woman
135	136	29:49.7	Anne Reidy	GCH	Vet Woman O/35
136	4	29:53.0	Anne Tynan	n/a	Vet Woman O/35
137	8	29:53.8	Joanna Osielska	n/a	Senior Woman
138	143	30:00.6	Teresa Matrisciano	n/a	Vet Woman O/55
139	146	30:00.9	Ralph Matrisciano	n/a	Vet Man O/60
140	12	30:09.6	Courtney Hudak	n/a	Senior Woman
141	214	30:11.2	Orlaith Kelly	n/a	Senior Woman
142	46	30:24.5	Roisin Ridge	n/a	Senior Woman
143	84	30:26.9	Janette Murray	Athenry AC	Senior Woman
144	15	30:45.5	David McGann	n/a	Senior Man
145	169	31:33.1	Mary Mullins	Galway Meet and Train	Vet Woman O/35
146	67	31:49.6	Sean Lyons	n/a	Senior Man
147	122	32:09.4	Mary Fenton	n/a	Vet Woman O/55
148	116	32:36.8	Aoife O'Flaherty	GCH	Senior Woman
149	190	32:37.2	Brid Ni Neachtain	GCH	Senior Woman
150	33	32:38.0	Shannon Trevorrow	n/a	Senior Woman
151	171	33:01.0	Padraig Farragher	CRH	Vet Man O/50
152	147	33:01.8	Frank Doyle	n/a	Senior Man
153	19	34:06.8	Bernadette Queally-Adams	n/a	Vet Woman O/35
154	152	34:08.8	Mari Dennis	n/a	Vet Woman O/35
155	154	34:40.1	Eimear O'Connor	n/a	Senior Woman
156	34	34:41.2	Mari Deely	Loughrea AC	Vet Woman O/55
157	104	35:18.6	Grace Hunter	Predator Triathlon Club	Junior Woman
158	91	35:34.2	Rita Donelan	GCH	Vet Woman O/45
159	2	35:45.9	Jennifer Deibel	n/a	Senior Woman
160	212	36:30.2	Irene Shanahan	n/a	Vet Woman O/35
161	211	36:30.6	Bernie Curtin	n/a	Vet Man O/40
162	56	36:41.1	Pamela Devaney	n/a	Senior Woman
163	57	36:41.5	Charlotte Sweeney	n/a	Senior Woman
164	133	37:57.3	Elaine Stephens	n/a	Senior Woman
165	70	38:02.8	Seth Deibel	n/a	Senior Man
166	64	39:18.9	Caroline Murphy	n/a	Senior Woman
167	142	41:00.0	Louise Murray	n/a	Senior Woman
168	59	43:52.9	Nicole Nolan	n/a	Senior Woman
169	60	43:53.4	Sinead Nolan	n/a	Senior Woman
170	96	44:14.0	Christina Bailey	n/a	Senior Woman
171	164	44:17.4	Martina Curley	n/a	Vet Woman O/35
172	179	45:18.6	Magdalen Breen	n/a	Vet Woman O/45
173	17	45:24.3	Carol Convey	n/a	Senior Woman
174	32	45:55.1	Noirin Duggan	n/a	Senior Woman
175	140	52:00.0	Martin Murray	n/a	Senior Man
176	138	52:00.0	Marielle Bessieres	n/a	Senior Woman

Prizes for the Independence Day at the Bay 5K

	Num	Time	Name	Club
Junior Men				
1st	189	20:11.8	Adrian Hardiman	GCH
Junior Women				
1st	192	20:22.7	Irene Gorman	GCH
Senior Men				
1st	180	16:30.7	Matthew Lockett	GCH
2nd	11	17:05.1	George Boyle	Fidelity Investments
3rd	167	17:22.8	Joe Morrissey	In Limbo
Senior Women				
1st	71	19:58.3	Eimear Butler	n/a
2nd	174	21:37.1	Miriam Wall	Athenry AC
3rd	111	21:57.8	Niamh Ni Chuaig	n/a
Men Over 40				
1st	129	17:18.3	Ian Egan	GCH
Men Over 50				
1st	191	19:26.2	Andrew Talbot	Clare River Harriers
Men Over 60				
1st	120	19:59.2	Joe Scanlon	n/a
Women Over 35				
1st	160	20:29.3	Martina Costello	n/a
Women Over 45				
1st	74	22:59.4	Bernie Kelly	GCH
Women Over 55				
1st	143	27:25.9	Teresa Matrisciano	n/a