

Roscommon Mini Marathon 2008 Registration Form



(Please use block capitals)

Name

Address

Phone No

Mobile No

Email

Date of Birth / /

Category (please tick) Jogger Walker Wheelchair

Important Information

1. The Carers Association Roscommon Mini Marathon takes place on Monday 5th May 2008 over a distance of 10km
2. Entry on official entry form only. Entry Fee €10 by cheque or postal order only made payable to The Carers Association. **Closing date for entries: Friday 25th April 2008.**
3. On receipt of this form The Carers Association will forward you a registration pack with event details and a sponsorship card (or contact charity of your choice for sponsorship card)
4. Participants must have a reasonable level of fitness. Necessary precautions must be taken as recommended by your GP.
5. I agree to the terms and conditions. Please allocate a place for me.
6. I hereby confirm that I am taking part at my own personal risk and release all rights and claims for damages I may incur against the Carers association.

SIGNED **DATE**

Please indicate the charity of your choice

Please tick ___ if you do not want your contact details used in the future.

Return to: The Carers Association, FREEPOST AL46, Carnagh, Kiltoom, Athlone, Co. Roscommon.
(No stamp needed but if you use one, more of our funds can be used to support our work.)

Enquiries to: 0906 489 296 Or register online at www.runireland.com Or email amccaual@carersireland.com

Roscommon Mini Marathon 2008



Crawl Jog
Run Toddle
Waddle Walk
Amble

The Carers Association provides practical and emotional support to carers looking after seriously ill children, frail older relatives, or other incapacitated members of their families. With your help we can ensure carers are not alone in facing the challenges of what can sometimes be a stressful and isolated role.

The Roscommon Mini Marathon takes place over a 10km route and will be a fun, family-friendly day out. Registration overleaf to receive further information. Registration Fee €10

Monday 5th May 2008 at 3pm
Hannon's Hotel, Roscommon

**Show your Support for
Ireland's 161 000 Carers
- people who give their lives
to caring for others.**

