### 5K ENTRY FORM (Block Capitals) Senior Run

| First Name:.   |        |       |      |      |                |  |
|--|--------|-------|------|------|----------------|--|
| Surname:   |        |       |      |      |                |  |
| Address:   |        |       |      |      |                |  |
|  |        |       |      |      |                |  |
| Club (if any):   |        |       |      |      |                |  |
| Date of Birth:   |        |       |      |      |                |  |
| Age on Race Day:   |        |       |      |      |                |  |
| Phone No.: (Home:)   |        |       |      |      |                |  |
| Work Phone No.   |        |       |      |      |                |  |
| (for the Senior Run you must be at least 15 years                        |        |       |      |      |                |  |
| old on day of race)  |        |       |      |      |                |  |
|  |        |       |      |      |                |  |
| Select Your Category: (one only)   |        |       |      |      |                |  |
| select four category. (one o   |        |       |      |      | Estimated Time |  |
|  | Senior | Man   |      |      | minutes        |  |
| Senior Woman   |        |       |      |      |                |  |
|  | Vetera | n Man |      |      |                |  |
|  |        |       |      |      |                |  |
|  | 0/40   | 0/45  | 0/50 | 0/55 | 0/60           |  |
| Veteran Woman  |        |       |      |      |                |  |
|  |        |       |      |      |                |  |
|  | 0/35   | 0/40  | 0/45 | 0/50 |                |  |
| DISCI  | LAIMI  | ER    |      |      |                |  |
| I accept all the conditions of entry and acknowledge that the organis-   |        |       |      |      |                |  |
| ers shall not be liable for death, personal injury, or loss or damage as |        |       |      |      |                |  |
| a consequence of my participaton in the Loughrea Race.                   |        |       |      |      |                |  |
| Signed:  |        |       |      |      |                |  |
| DATE:  |        |       |      |      |                |  |
| Entries to: Martin Smyth, 1 Mount Pleasant,                              |        |       |      |      |                |  |
| Loughrea, Co Galway  |        |       |      |      |                |  |
| Phone No.: 091 - 841004  |        |       |      |      |                |  |
| Entry Fee €10 up to 20 Sept. €15 for late entries (after Sep 20)         |        |       |      |      |                |  |

Further Details: www.athleticsloughrea.com

### JUNIOR FUN RUN ENTRY FORM

(under 15's)

| First Name:.                                      |  |  |  |  |  |
|---|--|--|--|--|--|
| Surname:  |  |  |  |  |  |
| Address:  |  |  |  |  |  |
|   |  |  |  |  |  |
| Date of Birth:                                    |  |  |  |  |  |
| Age on Race Day:                                  |  |  |  |  |  |
| Phone No.: (Home:)                                |  |  |  |  |  |
|   |  |  |  |  |  |
| Entry: €5   |  |  |  |  |  |
|   |  |  |  |  |  |
| Permission is hereby granted for my child to com- |  |  |  |  |  |
| pete in the Junior Fun Run in Loughrea on         |  |  |  |  |  |
| Saturday September 29th, 2007 at 4pm              |  |  |  |  |  |
| Signature of Parent/Guardian:                     |  |  |  |  |  |
|   |  |  |  |  |  |
|   |  |  |  |  |  |

Collect your Number on Day of Race, from Tennis Clubhouse, Gort Road, from 2pm onwards.

### **Entries to:**

Martin Smyth, 1 Mount Pleasant, Loughrea, Co Galway Loughrea.

Phone No.: 091 - 841004

Further Details: www.athleticsloughrea.com

# Loughrea Athletic Club, Co. Galway

# THE LOUGHREA FIVE K.

(5k road race, under AA1 rules)
Accurately measured using Jones Counter.

Saturday September 29th 2007 Starting Time: 5pm

## **PRIZES**

1st 6 Senior Men 1st 6 Senior Women 1st 3 Veteran Men 0/40, 0/45, 0/50, 0/55, 0/60 1st 3 Veteran Women 0/35, 0/40, 0/45, 0/50 (Only 1 prize per person.)

### CHEQUES or P/O

MADE PAYABLE TO: LOUGHREA ATHLETIC CLUB

# Junior Fun Run - Time 4pm

Preceding the main event, there will be a children's fun run (under 15yrs old on the day of the run).

The run will be approximately 1 mile. Entry Fee is €5.
All competitors will receive a race souvenir.

### WALKERS ESPECIALLY WELCOME