

Kilnaboy A.C
30th Annual Michael (Sonny Murphy Memorial
10 Mile open road race at Kilnaboy Co Clare

Sunday April 13th 2014 at 1 p.m.

Also 6 k Walk starting at 1.10 p.m.

Athletics association of Ireland open permit granted

Technical T Shirt for first 300 entries

Refreshments served

Prizes

First 10 Senior Men	First 6 Senior Ladies	First 3 Junior men Under 20
First 3 Ladies teams (3 to score)		First 3 masters women over 35,/ 40,/45,/50,
First 4 Men's teams (4 to score)		First 3 masters men over 40,/45,/50,/55,/60,

Road race	Entry fee €20.00 per person.
6 k fun walk	Entry fee € 8.00 per person.

Entry form

Surname: _____ **First Name:** _____

Age on Race Day _____

Date Of Birth Day: _____ Month: _____ Year _____.

Male: _____ **Female:** _____

Home Address _____

Home Phone _____ **Mobile:** _____

E Mail _____

Signed _____ **Date:** _____

Entries by post to Vincent Mc Carthy, Anneville, Kilnaboy, Ennis Co Clare. On or before 8th April
Contact Details Home 065 6837875, work 0870636236.
Cheques, Postal orders, payable to Kilnaboy Athletic Club.