

Coole Runnings

5km Trail Run



Coole Park,
Gort, Co. Galway
Saturday
Sept. 18th 2010

Time: 10am

Distance: 5km

Entry fee €18 up to 31st August / €25 thereafter

Parking and registration at rear of
Lady Gregory Hotel, Gort from 8.45am
Buses will shuttle participants to Coole Park

Post race food and refreshments in
Lady Gregory Hotel from 11am

AAI certified & permitted
With permission of National Park & Wildlife Service
All funds raised are for COPE Galway

Register on www.runireland.com
Call 091 778750 or email fundraising@copegalway.ie



COPE Galway

Let's help together

All proceeds raised will be used in COPE Galways services for homeless men and women, women and children who experience domestic violence and older people living in isolation in Galway.
COPE Galway is a registered charity CHY 6339