

Place	Bib	Surname	Name	Cat	Q1	Q2	Q3	Race Time	Chip Time
1	510	O'Hanlon	Gary	MS	0:35:54	0:35:03	0:35:02	1:45:59	1:45:59
2	295	Kelly	Noelie	M40	0:37:55	0:37:14	0:37:42	1:52:51	1:52:51
3	664	Fulton	Martin	M40	0:38:19	0:38:02	0:40:03	1:56:26	1:56:24
4	293	Kelly	Feibhlim	MS	0:40:19	0:40:16	0:38:46	1:59:24	1:59:21
5	430	Mooney	Peter	MS	0:39:01	0:40:16	0:40:24	1:59:41	1:59:41
6	43	Byrne	Linda	WS	0:40:19	0:40:16	0:39:07	1:59:45	1:59:42
7	204	Gorman	Richard	MS	0:40:19	0:39:20	0:40:41	2:00:23	2:00:20
8	670	Rice	Mick	M40	0:38:59		1:23:55	2:02:59	2:02:54
9	694	Murphy	Mick	MS	0:42:18		1:21:40	2:04:04	2:03:59
10	671	Manning	Lorraine	WS	0:40:24	0:41:03	0:43:02	2:04:33	2:04:30
11	93	Corcoran	Dave	M40	0:40:52	0:41:43	0:43:36	2:06:12	2:06:11
12	431	Mooney	Rory	MS	0:41:46	0:41:44	0:43:02	2:06:33	2:06:31
13	675	Mullaney	Shane	MS	0:39:26	0:41:39	0:45:34	2:06:39	2:06:39
14	447	Muldoon	Christopher	MS	0:41:31	0:41:36	0:43:45	2:06:54	2:06:52
15	478	Newman	Eddie	M40	0:41:57	0:42:30	0:44:12	2:08:40	2:08:39
16	689	Sherlock	Keith	MS	0:39:47	0:44:33	0:44:55	2:09:16	2:09:15
17	255	Hoare	Martin	M40	0:41:53	0:41:43	0:47:20	2:10:58	2:10:56
18	112	Curran	Owen	M40	0:44:15	0:43:36	0:43:11	2:11:07	2:11:02
19	588	Ryan	Declan	MS	0:44:17	0:43:58	0:44:33	2:12:52	2:12:49
20	627	Tyrrell	Jack	M50	0:44:18	0:43:59	0:44:43	2:13:03	2:13:01
21	586	Ryan	Brendan	M50	0:44:17		1:29:01	2:13:21	2:13:18
22	35	Burke	Frank	MS	0:44:15	0:43:59	0:45:23	2:13:43	2:13:37
23	660	Fox	Sean	MS	0:47:06	0:44:34	0:42:02	2:13:46	2:13:42
24	40	Byrne	Joe	M40	0:44:18	0:43:59	0:45:35	2:13:54	2:13:52
25	582	Rooney	Seamus	M50	0:44:18	0:44:40	0:45:28	2:14:28	2:14:25
26	207	Grant	Gary	MS	0:44:19	0:43:59	0:46:17	2:14:37	2:14:35
27	626	Tyrrell	Billy	M50	0:44:11		1:30:25	2:14:43	2:14:36
28	397	McHugh	Aengus	MS	0:47:01	0:44:02	0:43:43	2:14:49	2:14:46
29	424	Mitchell	Mark	MS	0:44:01	0:44:09	0:46:42	2:14:55	2:14:52
30	693	Breen	Mark	M40	0:44:15	0:44:01	0:46:42	2:15:02	2:14:57
31	105	Culbert	Philip	M40	0:46:10	0:44:00	0:44:52	2:15:10	2:15:03
32	621	Towey	David	MS	0:42:52		1:32:33	2:15:27	2:15:25
33	167	Farrelly	Niall	MS	0:43:45	0:44:22	0:47:42	2:15:54	2:15:49
34	650	Whelan	John	MS	0:47:29		1:29:02	2:16:35	2:16:31
35	637	Walsh	Karl	MS	0:44:35	0:44:27	0:46:25	2:16:42	2:15:27
36	187	Gaffey	Peter	MS	0:46:13	0:44:40	0:47:06	2:18:05	2:17:59
37	129	Dever	Jonathan	MS	0:47:43	0:45:30	0:45:03	2:18:28	2:18:16
38	161	Fahey	Declan	MS	0:47:49	0:45:14	0:45:20	2:18:28	2:18:23
39	680	McNally	Adrian	MS	0:47:38	0:45:13	0:45:18	2:18:29	2:18:09
40	542	Power	David	MS	0:47:52	0:45:15	0:45:18	2:18:29	2:18:25
41	686	Newman	Declan	MS	0:47:48	0:45:16	0:45:19	2:18:29	2:18:22
42	190	Gannon	Paul	MS	0:47:47	0:45:15	0:45:19	2:18:29	2:18:21
43	213	Grogan	Brian	M40	0:47:35	0:45:27	0:45:20	2:18:29	2:18:22
44	7	Aylward	Ciaran	MS	0:47:48	0:45:15	0:45:20	2:18:29	2:18:23
45	82	Collins	Enda	M40	0:45:57	0:45:22	0:47:11	2:19:09	2:18:30
46	500	O'Connell	Niall	MS	0:47:52	0:45:14	0:46:11	2:19:21	2:19:17
47	38	Burke	Tom	MS	0:46:53		1:33:22	2:20:15	2:20:15
48	337	Mac Domhnaill	Daibhi	MS	0:47:02	0:44:43	0:48:47	2:20:40	2:20:31
49	109	Cunnion	Derek	MS	0:47:50	0:45:15	0:47:46	2:20:55	2:20:51
50	334	Lynch	John	MS	0:47:01	0:46:31	0:48:16	2:21:53	2:21:47
51	663	Birmingham	Thomas	MS	0:47:47	0:45:16	0:49:10	2:22:19	2:22:13
52	117	Daly	Chris	MS	0:47:49	0:46:58	0:47:46	2:22:43	2:22:34
53	283	Kearns	Niall	M40	0:48:29	0:46:58	0:47:23	2:22:57	2:22:51
54	250	Hickey	Kenneth	MS	0:44:22	0:47:55	0:50:41	2:23:02	2:22:58
55	226	Harden	Scott	MS	0:46:16	0:47:09	0:49:43	2:23:11	2:23:09

56	222	Hanney	Mick	M40	0:47:51	0:47:00	0:48:28	2:23:24	2:23:19
57	390	McGrath	Ian	MS	0:47:52	0:47:01	0:48:27	2:23:24	2:23:19
58	366	McCabe	Mark	MS	0:47:43	0:47:49	0:48:43	2:24:21	2:24:15
59	534	Owens	Colm	MS	0:48:09	0:48:10	0:48:15	2:24:40	2:24:34
60	251	Hickson	Jason	MS	0:50:39	0:47:51	0:45:59	2:24:43	2:24:28
61	182	Flynn	Enda	M40	0:50:05	0:48:37	0:46:36	2:25:26	2:25:18
62	402	McKeown	Michael	M40	0:46:56	0:46:47	0:52:12	2:25:58	2:25:55
63	320	Lee	Conrad	MS	0:49:33	0:48:32	0:48:01	2:26:43	2:26:06
64	214	Gudmundsson	Alfred	M40	0:49:13	0:48:21	0:49:10	2:26:52	2:26:44
65	197	Gethins	Vincent	MS	0:46:47	0:47:24	0:53:23	2:27:43	2:27:33
66	81	Collins	Brian	M40	0:47:10	0:47:26	0:52:31	2:27:52	2:27:07
67	12	Benson	Jason	MS	0:51:00	0:48:45	0:47:54	2:27:59	2:27:40
68	427	Mongan	Owen	M50	0:47:51	0:48:56	0:51:05	2:28:00	2:27:52
69	389	McGrath	Donal	MS	0:47:57	0:48:36	0:51:30	2:28:13	2:28:03
70	538	Plowman	Nigel	MS	0:49:28	0:48:20	0:50:16	2:28:19	2:28:03
71	456	Mulvey	Simon	MS	0:51:28	0:49:12	0:47:31	2:28:26	2:28:11
72	599	Sheerin	Olivia	W40	0:48:33	0:47:43	0:50:30	2:28:33	2:26:47
73	647	Weldon	Bernard	M40	0:48:32	0:47:43	0:50:31	2:28:33	2:26:46
74	412	McManus	Francis	MS	0:47:51	0:49:26	0:51:23	2:28:44	2:28:40
75	380	McDonnell	Shane	M40	0:47:50	0:49:17	0:51:41	2:28:54	2:28:47
76	309	King	Seamus	M40	0:49:43		1:39:09	2:28:59	2:28:52
77	364	McBride	Odhran	MS	0:48:01	0:48:33	0:52:20	2:29:04	2:28:54
78	539	Pope	Gareth	MS	0:48:31	0:49:12	0:51:18	2:29:11	2:29:01
79	164	Farrell	Brian	M40	0:50:03	0:49:48	0:49:12	2:29:14	2:29:02
80	536	Patton	Eamonn	MS	0:52:28	0:48:40	0:47:51	2:29:17	2:28:59
81	46	Cahill	James	MJ	0:49:24	0:49:21	0:50:15	2:29:20	2:29:00
82	350	Manson	Robert	M40	0:47:01	0:48:06	0:54:13	2:29:46	2:29:19
83	360	Maxwell	Ronnie	MS	0:51:13	0:49:33	0:49:04	2:30:05	2:29:50
84	371	McCaul	Declan	MS	0:49:14	0:49:57	0:51:02	2:30:18	2:30:13
85	468	Murray	Eilish	WS	0:49:14	0:49:57	0:51:02	2:30:18	2:30:13
86	386	McGinty	Liam	M40	0:48:10		1:42:01	2:30:19	2:30:11
87	676	Collins	Alan	MS	0:51:05	0:48:58	0:50:02	2:30:23	2:30:06
88	455	Mulvey	Ken	MS	0:50:39	0:47:54	0:51:36	2:30:25	2:30:09
89	212	Griffiths	Eleanor	WS	0:52:22	0:48:44	0:48:59	2:30:25	2:30:05
90	649	Whelan	Enda	M60	0:49:00		1:41:36	2:30:39	2:30:36
91	18	Bourke	Quinton	MS	0:51:23	0:50:05	0:49:12	2:30:50	2:30:41
92	99	Cox	Michelle	WS	0:51:24	0:50:04	0:49:13	2:30:51	2:30:41
93	681	Murray	Chris	WS	0:49:29	0:48:15	0:52:48	2:30:51	2:30:32
94	593	Saunders	Mark	MS	0:48:36	0:49:59	0:52:04	2:30:52	2:30:40
95	162	Fardy	John	M40	0:48:23	0:50:11	0:52:13	2:30:55	2:30:47
96	19	Boyd	Mark	MS	0:51:11	0:48:40	0:50:48	2:30:59	2:30:40
97	501	O'Connell	Noel	MS	0:51:14	0:49:41	0:50:00	2:31:03	2:30:54
98	312	Kirrane	Karen	WS	0:51:14		1:40:05	2:31:29	2:31:20
99	301	Kennelly	Brendan	M40	0:51:13	0:49:42	0:50:25	2:31:30	2:31:20
100	34	Buggy	David	MS	0:49:28	0:48:39	0:53:33	2:31:53	2:31:40
101	174	Fitzpatrick	Alan	MS	0:51:10	0:48:40	0:51:46	2:31:56	2:31:36
102	77	Cole	James	MJ	0:57:14	0:46:59	0:48:14	2:32:39	2:32:26
103	454	Mulvey	Derek	MS	0:51:27	0:49:18	0:51:45	2:32:45	2:32:30
104	644	Ward	Robert	MS	0:49:29		1:43:13	2:32:55	2:32:42
105	546	Prendergast	Paula	WS	0:48:24	0:50:19	0:52:50	2:33:00	2:31:32
106	674	Brophy	Jamie	MS	0:51:12	0:49:27	0:52:02	2:33:04	2:32:41
107	69	Clancy	David	M40	0:52:30		1:40:41	2:33:24	2:33:11
108	615	Sweeney	Colette	W40	0:50:58	0:50:21	0:51:53	2:33:30	2:33:12
109	617	Thompson	Alan	M40	0:50:48	0:50:42	0:51:55	2:33:35	2:33:25
110	113	Curran	Paul	M40	0:52:09	0:49:43	0:51:23	2:33:48	2:33:15
111	476	Nerney	Kenneth	MS	0:52:05	0:50:29	0:51:01	2:33:51	2:33:35

112	392	McGrath	Paul	M40	0:55:29	0:50:01	0:47:51	2:33:54	2:33:21
113	433	Moorehouse	John	MS	0:48:03	0:48:57	0:57:02	2:34:11	2:34:02
114	286	Keegan	Aidan	M40	0:51:08	0:49:38	0:53:38	2:34:41	2:34:24
115	474	Naughton	Stephen	M40	0:46:20	0:49:01	0:59:13	2:34:42	2:34:34
116	461	Murphy	Brian	MS	0:52:44	0:49:30	0:50:13	2:34:49	2:32:27
117	483	Nolan	Hannah	WS	0:50:15	0:52:18	0:52:12	2:34:53	2:34:44
118	462	Murphy	Dave	MS	0:50:07	0:49:18	0:53:45	2:35:01	2:33:10
119	625	Tully	Andre	MS	0:53:24		1:41:24	2:35:01	2:34:48
120	4	Aly	Keith	MS	0:49:30	0:50:10	0:55:38	2:35:30	2:35:19
121	217	Gumley	Paddy	MS	0:49:28	0:50:32	0:55:22	2:35:31	2:35:22
122	657	Young	Mickey	MS	0:49:28	0:50:33	0:55:21	2:35:31	2:35:22
123	405	McLoughlin	Tony	MS	0:51:55	0:51:16	0:52:14	2:35:48	2:35:25
124	345	Maguire	Ross	M40	0:51:15	0:50:35	0:53:42	2:35:54	2:35:33
125	156	Egan	Michael	M40	0:50:01	0:51:21	0:54:42	2:36:18	2:36:05
126	556	Rasmussen	Brian	M40	0:51:10	0:50:16	0:54:40	2:36:18	2:36:06
127	31	Bruton	Louise	WS	0:51:34	0:50:49	0:53:51	2:36:27	2:36:14
128	322	Leonard	Colm	M40	0:51:48	0:50:48	0:51:31	2:36:29	2:34:08
129	257	Hoey	Kieran	M40	0:49:25	0:49:49	0:55:25	2:36:31	2:34:38
130	567	Reilly	Sonya	MS	0:51:06	0:51:16	0:52:57	2:36:32	2:35:19
131	573	Riordan	Maura	WJ	0:51:54	0:51:44	0:52:52	2:36:44	2:36:30
132	118	Daly	Raymond	M40	0:51:55	0:51:40	0:53:09	2:36:58	2:36:43
133	563	Reilly	David	MS	0:55:21		1:41:29	2:37:03	2:36:49
134	521	O'Neill	Shane	MS	0:54:57	0:52:55	0:48:45	2:37:10	2:36:37
135	169	Feeney	John	MS	0:55:16	0:52:23	0:49:09	2:37:15	2:36:48
136	368	McCarthy	Niall	MS	0:53:11		1:43:45	2:37:17	2:36:57
137	121	Deakin	Chris	MS	0:52:52	0:52:05	0:52:07	2:37:19	2:37:04
138	233	Hartigan	Peter	M50	0:51:09	0:50:15	0:54:50	2:37:47	2:36:14
139	399	McKay	Derek	MS	0:53:10	0:51:43	0:51:44	2:37:49	2:36:37
140	519	O'Neill	Martin	MS	0:51:22	0:51:34	0:55:00	2:38:08	2:37:56
141	2	Algar	Kenneth	MS	0:51:58	0:52:03	0:54:00	2:38:17	2:38:01
142	598	Shannon	Martin	MS	0:54:38	0:51:37	0:51:46	2:38:23	2:38:01
143	485	Noone	David	MS	0:51:53	0:51:46	0:54:31	2:38:28	2:38:11
144	62	Carroll	Shane	MS	0:52:00	0:50:49	0:55:39	2:38:43	2:38:29
145	278	Kealy	Mary	W40	0:54:39	0:52:19	0:51:51	2:39:08	2:38:49
146	308	Keogan	Paul	M40	0:57:05	0:52:09	0:49:10	2:39:42	2:38:23
147	540	Powell	David	MS	0:51:23	0:51:57	0:56:08	2:39:44	2:39:29
148	143	Doran	Richie	MS	0:55:29	0:50:23	0:53:30	2:39:56	2:39:22
149	78	Coleman	John	MS	0:56:23	0:51:41	0:51:40	2:39:58	2:39:44
150	622	Towey	Kieran	M40	0:45:07		1:55:00	2:40:07	2:40:06
151	248	Hession	Micheal	MS	0:53:13	0:53:24	0:53:25	2:40:12	2:40:01
152	101	Craughwell	Cathal	MS	0:49:11	0:51:35	0:59:00	2:40:15	2:39:46
153	508	O'Flaherty	Declan	MS	0:53:10	0:52:30	0:54:23	2:40:19	2:40:03
154	503	O'Connor	Helen	WS	0:51:06	0:52:22	0:56:41	2:40:21	2:40:09
155	196	Geraghty	David	M40	0:52:56	0:53:01	0:54:00	2:40:22	2:39:56
156	482	Niland	Philip	MS	0:56:23	0:51:40	0:52:07	2:40:24	2:40:10
157	369	McCarthy	Noel	MS	0:53:54	0:49:56	0:55:23	2:40:27	2:39:14
158	85	Conaty	Leon	MS	0:52:17	0:53:29	0:54:30	2:40:27	2:40:16
159	458	Munnelly	John	MS	0:54:01	0:51:36	0:53:28	2:40:29	2:39:05
160	490	O'Brien	Bobby	W40	0:54:46	0:51:38	0:52:02	2:40:31	2:38:26
161	126	Dempsey	Michael	MS	0:51:48	0:52:17	0:56:09	2:40:36	2:40:14
162	444	Morrissey	Pat	MS	0:55:03	0:50:58	0:54:17	2:40:46	2:40:19
163	545	Power	Mark	MS	0:52:26	0:52:11	0:55:53	2:40:46	2:40:30
164	266	Hoynes	Bill	M50	0:48:47	0:53:04	0:58:54	2:40:55	2:40:46
165	531	O'Shea	Seamus	M50	0:52:03	0:51:41	0:57:34	2:41:30	2:41:18
166	357	Matthews	Ken	MS	0:56:11	0:53:38	0:51:26	2:41:32	2:41:15
167	49	Callaghan	Chris	M40	0:55:50	0:53:04	0:51:22	2:41:48	2:40:16

168	100	Coyle	Patrick	MS	0:52:42	0:49:30	0:57:27	2:42:03	2:39:39
169	570	Reynolds	Paul	M40	0:57:51	0:53:07	0:50:56	2:42:12	2:41:55
170	552	Quinn	Deirdre	WS	0:57:48	0:53:06	0:50:58	2:42:12	2:41:52
171	417	McNulty	Dessie	MS	0:52:58	0:52:17	0:56:53	2:42:20	2:42:08
172	239	Heffernan	Keith	MS	0:56:38	0:53:27	0:51:37	2:42:27	2:41:42
173	289	Keleghan	Noel	MS	0:58:05	0:54:30	0:49:50	2:42:38	2:42:24
174	103	Culbert	Ashley	MS	0:57:11	0:52:20	0:52:31	2:42:43	2:42:02
175	520	O'Neill	Padraig	M40	0:56:20	0:53:58	0:52:09	2:43:06	2:42:27
176	39	Bushe	Anna	WS	0:51:55	0:52:13	0:58:48	2:43:08	2:42:56
177	136	Donnan	John	M40	0:53:30	0:54:18	0:55:02	2:43:12	2:42:50
178	640	Walsh	Patrick	MS	0:54:33	0:53:52	0:53:45	2:43:14	2:42:10
179	321	Leen	Helena	WS	0:54:35	0:53:52	0:53:45	2:43:14	2:42:12
180	486	Noone	Maeve	WS	0:57:49	0:53:06	0:52:00	2:43:15	2:42:54
181	656	Willoughby	Scott	MS	0:56:11	0:53:39	0:53:33	2:43:39	2:43:22
182	70	Clancy	Fergal	M40	0:49:24	0:51:30	1:00:59	2:43:48	2:41:54
183	613	Surlis	Paul	MS	0:53:31		1:50:05	2:43:51	2:43:36
184	60	Carroll	Adam	MS	0:52:00	0:52:06	0:59:33	2:43:53	2:43:38
185	132	Devery	Vincent	M40	0:49:45	0:51:38	1:02:26	2:43:58	2:43:49
186	128	Devaney	Martin	MS	0:53:04	0:51:25	0:58:56	2:44:08	2:43:25
187	652	Whitney	Frank	M60	0:54:57	0:50:33	0:58:37	2:44:42	2:44:07
188	610	Stewart	Michael	MS	0:52:56	0:52:45	0:58:36	2:44:44	2:44:17
189	23	Brady	Vincent	MS	0:56:32	0:55:11	0:52:41	2:44:51	2:44:23
190	338	Mac Liam	Richie	MS	0:58:09	0:55:35	0:51:22	2:45:19	2:45:06
191	13	Berry	Dermot	MS	0:55:18	0:51:41	0:58:17	2:45:31	2:45:15
192	65	Caulfield	Colm	MS	0:55:21		1:49:23	2:45:32	2:44:45
193	71	Clancy	Janet	WS	0:57:47	0:54:31	0:52:59	2:45:42	2:45:17
194	51	Callan	Aoife	WS	0:57:48	0:54:31	0:53:00	2:45:43	2:45:19
195	36	Burke	Kieran	MS	0:54:33	0:53:33	0:57:14	2:45:46	2:45:21
196	513	O'Loughlin	Paul	MS	0:56:01	0:54:22	0:53:13	2:45:57	2:43:36
197	30	Browne	David	MS	0:54:56	0:54:32	0:56:00	2:46:03	2:45:28
198	149	Dunne	Helen	W50	0:55:07	0:54:55	0:55:51	2:46:06	2:45:52
199	434	Moran	Anne	W40	0:56:32	0:54:16	0:55:10	2:46:16	2:45:58
200	469	Murray	John	MS	0:58:29	0:54:22	0:52:46	2:46:23	2:45:37
201	418	McQuillan	Paraic	M50	0:55:05	0:54:38	0:55:59	2:46:35	2:45:42
202	64	Castle	Oliver	MS	0:55:06	0:55:07	0:56:17	2:46:45	2:46:30
203	135	Dolan	Mark	MS	0:54:53	0:54:13	0:57:19	2:47:05	2:46:25
204	596	Scott	Deirdre	M40	0:55:44	0:56:10	0:55:04	2:47:13	2:46:58
205	460	Murphy	Bregeen	W40	0:55:44	0:56:11	0:55:19	2:47:29	2:47:15
206	609	Staunton	Emma	MS	0:57:11	0:54:17	0:55:00	2:47:36	2:46:28
207	422	Mei	Roberto	M40	0:54:29	0:54:06	0:59:05	2:47:57	2:47:41
208	668	Doyle	Joe	MS	0:58:29		1:48:57	2:48:12	2:47:26
209	76	Coffey	Brendan	MS	0:53:11	0:52:56	1:01:47	2:48:15	2:47:55
210	231	Harmon	Ian	MJ	0:57:55	0:55:33	0:54:23	2:48:17	2:47:51
211	300	Kennedy	Ger	M40	0:53:48	0:54:17	1:00:09	2:48:29	2:48:14
212	311	Kinsella	Orla	WS	0:52:13	0:54:59	1:00:34	2:48:31	2:47:46
213	445	Morrissey	Paul	MS	0:51:40	0:53:24	1:02:55	2:48:38	2:47:58
214	346	Mahon	Keith	MS	0:51:05	0:55:17	1:02:12	2:48:45	2:48:33
215	50	Callaghan	Damien	MS	0:57:23	0:55:17	0:55:10	2:48:47	2:47:50
216	583	Rooney	Shane	M40	0:57:19	0:55:15	0:55:11	2:48:47	2:47:45
217	220	Hanevy	Alma	WS	0:57:53	0:55:38	0:55:31	2:49:25	2:49:02
218	16	Bolger	Kevin	MS	0:58:06	0:55:35	0:55:33	2:49:25	2:49:14
219	442	Morgan	Louise	WS	0:56:03	0:55:27	0:56:00	2:49:25	2:47:30
220	97	Cosgrove	Oliver	M40	0:53:44	0:55:32	0:59:40	2:49:26	2:48:56
221	209	Greenan	Shane	MS	0:55:25	0:54:40	0:57:11	2:49:26	2:47:16
222	493	O'Brien	Garrett	M40	0:57:20	0:55:33	0:55:35	2:49:28	2:48:28
223	184	Foxton	Allan	MS	0:53:48	0:54:17	1:01:15	2:49:35	2:49:20

224	208	Grassick	Kathy	WS	0:57:53	0:55:33	0:55:48	2:49:38	2:49:14
225	633	Walsh	Anthony	M50	0:55:25		1:53:43	2:49:40	2:49:08
226	507	O'Farrell	Peter	MS	0:58:06	0:55:38	0:55:44	2:49:40	2:49:28
227	74	Clarke	Ray	MS	0:59:33	0:56:38	0:53:05	2:49:57	2:49:16
228	370	McCarthy	Paul	MS	0:53:49		1:55:03	2:50:06	2:48:53
229	124	Dempsey	Brian	MS	0:53:24	0:53:49	1:02:41	2:50:08	2:49:55
230	591	Ryan	Patrick	MS	0:54:24	0:53:10	1:00:35	2:50:22	2:48:08
231	306	Keogan	Gary	MS	0:57:59	0:55:29	0:56:41	2:50:26	2:50:08
232	533	O'Toole	Brian	M40	0:52:25	0:55:10	1:01:16	2:50:33	2:48:50
233	611	Stewart	Orlagh	WS	0:55:47	0:56:03	0:57:29	2:50:33	2:49:18
234	21	Boyle	Larry	MS	0:58:06	0:55:35	0:56:40	2:50:34	2:50:21
235	202	Gorey	Brian	MS	1:01:34		1:47:49	2:50:40	2:49:23
236	230	Harkness	Andrew	MS	0:58:05	0:55:33	0:56:46	2:50:43	2:50:24
237	410	McMahon	Ronan	M40	0:55:53	0:56:29	0:57:47	2:50:43	2:50:09
238	452	Mulligan	Mairead	WS	0:54:32	0:54:35	0:59:31	2:50:45	2:48:39
239	173	Finn	Caroline	W40	0:56:38	0:56:10	0:56:35	2:50:46	2:49:23
240	525	O'Reilly	Niall	MS	0:57:51	0:56:40	0:55:31	2:50:57	2:50:02
241	398	McInerney	Michelle	WS	0:56:38	0:56:01	0:58:02	2:50:58	2:50:41
242	180	Flanagan	Kate	WS	0:56:40	0:55:38	0:57:05	2:50:59	2:49:24
243	631	Waldron	Deirdre	WS	0:58:12		1:52:09	2:51:10	2:50:21
244	123	Delany	Gerry	M50	0:56:38	0:55:39	0:58:22	2:51:21	2:50:38
245	229	Harkins	Evelyn	WJ	0:56:03	0:56:22	0:58:00	2:51:37	2:50:25
246	224	Hannigan	Glenn	MS	0:56:28	0:55:45	0:57:37	2:51:43	2:49:50
247	198	Giglione	Sandro	M40	0:58:19	0:56:29	0:56:20	2:51:49	2:51:07
248	134	Dodds	Michael	MS	0:57:51	0:56:09	0:57:14	2:51:54	2:51:14
249	83	Collins	Mary	WS	0:56:28	0:55:44	0:58:02	2:52:09	2:50:14
250	574	Robinson	Hilda	WS	0:55:35	0:56:00	0:58:52	2:52:14	2:50:27
251	530	O'Rourke	louise	WS	0:57:22	0:56:33	0:58:01	2:52:15	2:51:56
252	619	Tierney	Michelle	WJ	0:58:20	0:55:27	0:58:36	2:52:23	2:52:23
253	605	Smith	Ben	MS	0:55:17	0:55:13	1:01:17	2:52:24	2:51:47
254	470	Murray	John	M40	0:56:49	0:55:30	0:58:37	2:52:30	2:50:55
255	178	Fitzsimons	Paula	WS	1:01:30	0:55:55	0:53:58	2:53:16	2:51:23
256	206	Grace	Steve	M40	0:55:29	0:56:27	0:59:59	2:53:19	2:51:55
257	630	Vickery	Karen	WS	0:58:20		1:54:43	2:53:23	2:53:03
258	623	Tracey	Michelle	M40	0:57:54	0:56:40	0:58:10	2:53:24	2:52:44
259	665	O'Neill	Wayne	MS	0:58:08	0:55:31	0:59:45	2:53:37	2:53:23
260	87	Conroy	Tommy	MS	0:57:46	0:55:52	0:59:47	2:54:03	2:53:26
261	159	Eustace	Stephen	M40	0:58:07	0:58:16	0:56:34	2:54:03	2:52:57
262	406	McMahon	Aran	M40	0:56:19	0:56:55	1:00:39	2:54:29	2:53:53
263	655	Williamson	Aidan	MS	0:58:03	0:55:31	1:00:41	2:54:31	2:54:15
264	440	Morgan	Clare	W50	0:57:54	0:56:40	0:59:17	2:54:32	2:53:51
265	558	Reeves	Jane	W40	0:57:21	0:56:39	1:00:14	2:54:34	2:54:15
266	130	Devereux	Paul	MS	0:59:13	0:57:08	0:57:40	2:54:39	2:54:01
267	509	O'Grady	Paul	MS	0:58:02	0:56:55	0:59:08	2:54:42	2:54:04
268	157	Eustace	Andrew	M40	0:58:08	0:58:16	0:57:36	2:55:06	2:54:00
269	669	Banks	Shane	MS	0:58:22	0:57:09	0:58:46	2:55:08	2:54:17
270	499	O'Carroll	Liam	MS	0:57:32	0:55:36	1:01:14	2:55:08	2:54:22
271	9	Bake	Michael	M40	0:54:10	0:55:30	1:04:42	2:55:24	2:54:22
272	616	Tallon	Bobby	MS	0:57:52	0:57:16	0:59:43	2:55:28	2:54:50
273	661	Mathews	Eimear	W40	0:58:52	0:55:32	0:59:08	2:55:29	2:53:32
274	379	McDonnell	Marcella	M40	0:57:26	0:57:37	0:59:02	2:55:30	2:54:06
275	666	Martin	Imelda	WS	0:51:27	0:56:47	1:07:08	2:55:31	2:55:22
276	339	Macdonald	Brian	M40	0:59:58	0:57:03	0:57:20	2:55:36	2:54:21
277	282	Kearney	Orla	MS	0:58:07	0:56:43	0:59:16	2:55:36	2:54:06
278	37	Burke	Lisa	MS	0:58:13	0:58:04	0:58:00	2:55:37	2:54:17
279	659	Lynch	Noel	M40	0:53:55	0:57:27	1:03:58	2:55:41	2:55:19

280	592	Salmon	Tony	MS	0:57:42	0:55:37	1:01:46	2:55:41	2:55:04
281	506	O'Dwyer	Kevin	M40	0:57:39	0:56:48	1:00:34	2:55:52	2:55:00
282	543	Power	Helena	WS	0:58:53	0:57:35	0:57:31	2:55:54	2:53:59
283	524	O'Reilly	Joe	MS	0:56:40	0:56:27	1:02:24	2:55:59	2:55:31
284	425	Molloy	Joan	W40	0:56:39	0:56:27	1:02:25	2:56:00	2:55:31
285	175	Fitzpatrick	Ciaran	MS	0:58:38	0:58:06	0:57:03	2:56:01	2:53:47
286	131	Devery	Padraig	MS	0:53:33	0:54:39	1:07:37	2:56:04	2:55:49
287	354	Martin	Helen	WS	0:58:54	0:57:34	0:57:52	2:56:14	2:54:20
288	147	Dunne	Brian	M40	0:57:58	0:57:51	0:59:28	2:56:20	2:55:18
289	268	Hughes	Robert	M40	0:57:51	0:55:45	1:02:27	2:56:33	2:56:03
290	441	Morgan	Gary	MS	0:57:26	0:58:53	0:58:20	2:56:33	2:54:39
291	201	Glynn	Maurice	M40	0:56:41		1:59:27	2:56:45	2:56:08
292	261	Honan	Mary	W60	0:58:32	0:58:13	0:59:24	2:56:52	2:56:09
293	26	Brereton	Der	MS	0:59:43	0:58:32	0:58:04	2:56:58	2:56:20
294	228	Harkins	Claire	WS	0:56:03	0:56:29	1:03:19	2:57:03	2:55:51
295	363	McBride	Eamonn	MS	0:59:46	0:57:37	0:58:10	2:57:06	2:55:33
296	104	Culbert	Lisa	WS	0:59:28	0:58:05	0:59:06	2:57:20	2:56:39
297	237	Hearty	Karl	M40	0:58:57	0:57:33	1:00:36	2:57:36	2:57:06
298	565	Reilly	Kevin	MS	0:58:36	0:58:08	0:58:42	2:57:42	2:55:26
299	176	Fitzpatrick	Noel	MS	0:58:36		1:56:51	2:57:42	2:55:27
300	160	Fagan	Fiona	WS	0:57:52	0:58:50	0:59:50	2:58:04	2:56:32
301	294	Kelly	Gerry	M40	0:57:52	0:59:42	0:59:52	2:58:04	2:57:26
302	332	Lynam	Claire	WS	0:57:52	0:58:51	0:59:51	2:58:05	2:56:33
303	559	Reid	Janette	W40	0:57:26	0:57:40	1:01:31	2:58:08	2:56:37
304	344	Madden	Declan	MS	0:56:00	0:55:45	1:05:34	2:58:08	2:57:18
305	203	Gorman	James	W50	0:56:09	0:56:01	1:04:39	2:58:11	2:56:49
306	330	Lubinski	Cezary	MS	0:52:38	0:54:41	1:11:00	2:58:30	2:58:19
307	612	Stirling	Bruce	MS	0:55:20	0:57:07	1:03:56	2:58:38	2:56:23
308	607	Smith	Sean	MS	0:55:15	0:57:44	1:05:42	2:58:48	2:58:40
309	33	Buckley	Maura	WS	0:57:09	0:59:01	1:01:23	2:58:49	2:57:33
310	270	Hunter	Stanley	M40	0:56:41	0:54:31	1:06:00	2:58:54	2:57:12
311	246	Hennigan	Malcolm	M40	0:55:00	0:57:13	1:06:04	2:58:54	2:58:18
312	264	Horan	Kevin	M40	0:55:01	0:57:44	1:06:00	2:58:55	2:58:46
313	319	Lee	Anthony	M40	1:03:52	0:57:58	0:56:30	2:58:59	2:58:20
314	63	Cassells	Jillian	WJ	0:56:58	0:58:45	1:02:57	2:59:02	2:58:41
315	310	Kinsella	Colette	W40	0:58:22	0:58:13	1:02:16	2:59:13	2:58:51
316	614	Swan	Paul	MS	0:58:24		2:00:26	2:59:13	2:58:51
317	58	Carraher	Jay	MS	0:59:55	0:57:31	1:01:03	2:59:16	2:58:29
318	601	Sheridan	Martin	M40	0:59:54	0:57:32	1:01:02	2:59:16	2:58:28
319	110	Curran	Derek	MS	0:57:56	0:57:13	1:03:29	2:59:20	2:58:38
320	47	Cahill	Paul	MS	1:03:40	0:57:52	0:57:06	2:59:28	2:58:37
321	504	O'Connor	Joe	MS	1:03:40	0:57:52	0:57:06	2:59:28	2:58:38
322	102	Crossan	Ursula	W50	0:56:40	0:57:48	1:03:50	2:59:41	2:58:19
323	111	Curran	Kathleen	WS	0:58:19	0:58:18	1:02:52	2:59:49	2:59:29
324	223	Hanniffy	Mark	MS	0:53:46	0:57:00	1:09:15	3:00:10	3:00:02
325	324	Lillis	Anne	WS	0:58:28		2:01:22	3:00:11	2:59:50
326	532	O'Sullivan	Andrew	MS	0:47:55	0:57:15	1:15:02	3:00:16	3:00:12
327	359	Maxwell	Ciara	W40	0:56:05	1:00:05	1:02:26	3:00:20	2:58:36
328	335	Lynch	Mary	W60	0:57:35	0:58:54	1:03:05	3:00:22	2:59:33
329	374	McDaid	Kevin	M60	0:57:35	0:58:55	1:03:05	3:00:23	2:59:35
330	151	Durr	Michael	M40	0:58:01	0:58:33	1:02:23	3:00:32	2:58:57
331	53	Campbell	Michael	M40	0:58:02	0:58:33	1:02:27	3:00:36	2:59:02
332	526	O'Reilly	Tom	MS	0:59:25	0:59:02	1:02:16	3:01:04	3:00:43
333	17	Bolger	Tadhg	MS	0:59:25	0:59:04	1:02:14	3:01:04	3:00:43
334	648	Weldon	Niall	MS	1:01:55	1:00:04	0:57:28	3:01:17	2:59:27
335	404	McLoughlin	Michael	M40	1:00:41	1:00:25	0:59:43	3:01:34	3:00:49

336	221	Hanly	Barry	MS	0:58:02	0:58:35	1:03:38	3:01:48	3:00:15
337	150	Dunning	Emer	WJ	0:57:31	0:58:48	1:04:46	3:01:54	3:01:05
338	587	Ryan	Carmel	WS	0:59:02	0:59:05	1:02:52	3:01:56	3:00:59
339	481	Niland	Colm	MS	0:57:41	0:55:48	1:07:48	3:01:59	3:01:17
340	667	O'Reilly	Alan	MS	0:59:17	0:58:59	1:03:36	3:02:37	3:01:52
341	341	MacHale	Keith	M40	0:57:50		2:03:23	3:02:41	3:01:13
342	52	Cameron	Helen	WS	0:58:13	0:58:53	1:04:26	3:02:47	3:01:32
343	94	Corcoran	John	M40	0:58:03	0:55:35	1:09:02	3:02:54	3:02:40
344	165	Farrell	Frank	M40	1:03:40	1:00:02	0:58:32	3:02:59	3:02:13
345	166	Farrell	Robert	M40	1:03:39	1:00:02	0:58:32	3:02:59	3:02:13
346	393	McGreevy	Laura	MS	0:56:44	1:00:31	1:05:11	3:03:01	3:02:26
347	373	McCormack	Michael	MS	0:57:53	1:00:37	1:04:06	3:03:13	3:02:36
348	645	Waters	Mark	M50	1:01:28	0:58:53	1:02:08	3:03:16	3:02:29
349	15	Boland	Samantha	WS	0:58:19	1:00:17	1:04:00	3:03:20	3:02:36
350	579	Rogers	Philip	M40	1:03:27	0:58:32	1:00:02	3:03:24	3:02:00
351	467	Murphy	William	MS	0:58:30	0:59:42	1:04:54	3:04:10	3:03:07
352	385	McGinn	Michelle	WS	0:57:27	1:00:50	1:04:46	3:04:24	3:03:02
353	25	Brennan	Ken	MS	1:00:28	0:59:34	1:03:26	3:04:25	3:03:28
354	281	Keane	Maeve	WS	0:58:56	1:00:58	1:03:10	3:04:29	3:03:04
355	457	Mulvihill	Aoife	WS	0:56:56	0:57:47	1:08:16	3:04:29	3:02:59
356	516	O'Meara	Grace	WS	0:57:58	1:01:31	1:03:35	3:04:36	3:03:04
357	315	Langan	Donie	M40	1:03:46		1:59:05	3:04:48	3:02:50
358	367	McCarthy	Michael	M40	1:00:02		2:02:43	3:04:51	3:02:45
359	271	Hunter	Veronica	W40	1:00:48	1:00:57	1:01:28	3:04:53	3:03:13
360	491	O'Brien	Colm	MS	1:03:42	1:00:01	1:00:34	3:04:59	3:04:17
361	331	Ludlow	Dermot	MS	1:00:21	1:00:31	1:03:03	3:05:10	3:03:55
362	409	McMahon	Michael	M40	0:58:54	1:00:22	1:05:53	3:05:30	3:05:09
363	355	Martin	Sandra	WS	1:02:17	1:02:50	0:59:21	3:05:41	3:04:28
364	349	Mannion	John	MS	1:00:33	0:59:10	1:05:27	3:05:54	3:05:10
365	260	Holmes	Jim	M50	1:00:06	0:59:28	1:05:11	3:06:01	3:04:44
366	244	Heneghan	Majella	WS	0:59:28	1:00:31	1:04:51	3:06:07	3:04:50
367	127	Dermoddy	Mel	MS	0:54:27	0:57:44	1:13:36	3:06:10	3:05:48
368	484	Nolan	Martin	MS	0:54:56	0:59:44	1:11:07	3:06:12	3:05:48
369	245	Hennebry	Helen	WS	0:57:50	0:58:53	1:08:01	3:06:13	3:04:45
370	114	Curran	Raymond	M40	0:58:54	1:00:40	1:05:55	3:06:14	3:05:30
371	632	Wall	Paddy	MS	1:00:31	0:59:23	1:05:46	3:06:29	3:05:40
372	265	Howard	Gerard	M40	1:03:52	1:02:16	0:59:35	3:06:44	3:05:43
373	32	Buckley	Grayson	MS	0:58:10	1:00:38	1:07:56	3:06:59	3:06:44
374	317	Lawlor	Gordon	MS	0:57:30	0:57:17	1:11:10	3:07:02	3:05:57
375	568	Reilly	Wesley	MS	1:00:30	1:00:53	1:03:57	3:07:15	3:05:20
376	172	Ferguson	Evelyn	WS	0:58:36	1:02:15	1:04:52	3:07:18	3:05:43
377	628	Van Wanrooy	Lisa	W40	0:58:30	1:00:20	1:07:29	3:07:21	3:06:19
378	603	Slattery	Yvonne	WS	0:58:31	1:00:18	1:07:31	3:07:21	3:06:20
379	505	O'Donovan	Bernadette	WS	1:01:17	1:01:05	1:03:14	3:07:27	3:05:35
380	498	O'Callaghan	James	MS	0:59:01	1:01:00	1:07:19	3:08:06	3:07:19
381	677	Moore	Charlie	MS	1:03:38	1:00:38	1:02:37	3:08:08	3:06:53
382	624	Traynor	Michelle	MS	1:03:43	1:01:57	1:01:21	3:08:10	3:07:01
383	153	Egan	Ann	W40	1:03:24	1:01:57	1:01:21	3:08:10	3:06:41
384	61	Carroll	Damian	MS	1:03:52	1:01:47	1:01:29	3:08:11	3:07:08
385	304	Kenny	Ian	MS	1:03:52	1:01:49	1:01:28	3:08:11	3:07:09
386	414	McNally	Alan	M40	1:03:48	1:01:57	1:01:30	3:08:19	3:07:14
387	22	Brady	Ciara	WJ	1:02:34	0:59:10	1:05:52	3:08:24	3:07:36
388	232	Harris	Ann-Marie	W40	1:00:21	1:02:10	1:05:12	3:08:28	3:07:43
389	528	O'Riordan	David	M40	1:01:11	1:00:59	1:04:16	3:08:32	3:06:27
390	466	Murphy	Sean	MS	1:02:59	1:01:16	1:02:08	3:08:46	3:06:23
391	595	Scobie	Jo	M40	1:03:37		2:04:03	3:08:52	3:07:41

392	299	Kennedy	David	MS	1:03:42	1:01:33	1:02:30	3:08:53	3:07:45
393	186	Fullam	Stephen	MS	1:03:33		2:04:19	3:09:10	3:07:52
394	27	Brett	Nichi	WS	1:04:07	1:01:58	1:02:22	3:09:12	3:08:27
395	120	Dargan	Eamonn	M40	1:04:05	1:02:00	1:02:29	3:09:17	3:08:34
396	378	McDonnell	Fergal	M40	1:04:05	1:01:59	1:02:30	3:09:17	3:08:33
397	327	Long	Maria	WS	1:04:11		2:03:20	3:09:39	3:07:30
398	95	Cormican	Kevin	M40	1:02:54	1:01:56	1:02:52	3:09:45	3:07:42
399	262	Honan	Thomas	MS	1:03:48	1:02:30	1:02:31	3:09:54	3:08:49
400	411	McManus	Faye	WS	1:02:17	1:02:52	1:03:51	3:10:14	3:09:00
401	535	Owens	David	MS	0:57:41	0:59:26	1:12:50	3:10:34	3:09:56
402	394	McGuinness	James	MS	1:01:45	1:00:29	1:07:43	3:10:47	3:09:57
403	116	Dalton	Colm	M50	0:57:52	1:04:56	1:06:57	3:11:20	3:09:45
404	227	Hardiman	James	M40	1:04:27	1:04:11	1:01:40	3:11:26	3:10:17
405	416	Mcnamee	Sarah	WS	0:59:38	1:02:28	1:09:40	3:12:09	3:11:46
406	155	Egan	Liam	M40	1:02:23	1:02:17	1:05:22	3:12:11	3:10:02
407	688	Clarke	Charlie	MS			3:12:11	3:12:11	3:12:11
408	84	Collum	Pat	M40	1:00:43	1:02:36	1:07:44	3:12:25	3:11:02
409	572	Riordan	Kathrin	M40	1:04:04	1:02:55	1:04:49	3:12:31	3:11:48
410	91	Cooke	Tara	MS	1:04:05	1:02:56	1:04:49	3:12:32	3:11:50
411	342	Mackessy	Mikey	MS	1:03:38	1:02:25	1:05:24	3:12:40	3:11:27
412	272	Hyland	John	M40	1:03:23	1:02:15	1:06:01	3:12:42	3:11:39
413	8	Baille	Michael	MS	1:03:33	1:01:32	1:06:47	3:12:46	3:11:52
414	163	Farrell	Adrian	MS	1:03:47	1:01:59	1:06:05	3:12:56	3:11:51
415	432	Moore	Tomas	MS	1:01:56	1:00:11	1:09:32	3:12:59	3:11:40
416	193	Gavin	Andrew	MS	1:03:17	1:03:55	1:04:20	3:13:29	3:11:31
417	407	McMahon	Cathy	WS	1:01:46	1:04:29	1:06:20	3:13:39	3:12:35
418	42	Byrne	John	MS	1:01:22	1:04:04	1:06:54	3:13:39	3:12:19
419	600	Sheridan	Louise	WJ	1:01:24	1:04:05	1:06:52	3:13:39	3:12:22
420	691	Davis	Padraic	MS	1:03:26	0:58:54	1:10:11	3:13:55	3:12:31
421	347	Mahoney	Clodagh	WS	1:01:47	1:04:31	1:06:35	3:13:56	3:12:52
422	192	Gaskin	Micheal	M40	1:00:09	1:00:44	1:11:29	3:13:59	3:12:22
423	56	Caprani	Sinead	WS	1:01:25	1:04:54	1:06:40	3:14:01	3:12:59
424	55	Caprani	Niamh	WS	1:01:24	1:04:54	1:06:41	3:14:01	3:12:58
425	139	Donohoe	Shane	M40	1:03:53	1:02:56	1:06:13	3:14:02	3:13:01
426	329	Lowbridge	Raymond	M40	1:04:26	1:03:59	1:04:44	3:14:18	3:13:08
427	259	Hogan	Pat	M40	0:59:28	1:04:18	1:09:41	3:14:19	3:13:28
428	413	McManus	John	M40	0:57:20	1:05:25	1:11:30	3:14:20	3:14:16
429	589	Ryan	Greg	MS	1:03:44	1:01:58	1:07:35	3:14:22	3:13:17
430	479	Ni Bhroin	Fionnuala	WS	1:03:24	1:02:56	1:06:36	3:14:24	3:12:57
431	377	McDonald	Marie	WS	1:02:59	1:03:02	1:07:04	3:14:38	3:13:05
432	314	Lacey	Mairead	MS	1:03:37	1:02:26	1:07:25	3:14:41	3:13:29
433	387	McGivney	Paul	MS	1:03:23	1:02:16	1:08:18	3:15:00	3:13:56
434	140	Donohoe	Thomas	MS	1:00:19	0:58:23	1:16:10	3:15:01	3:14:52
435	401	McKenna	Joe	M40	1:03:57	1:02:00	1:08:22	3:15:13	3:14:19
436	608	Stanton	Donna	WS	1:05:47	1:04:57	1:03:43	3:15:30	3:14:27
437	333	Lynam	Irene	W40	1:03:41	1:02:48	1:08:03	3:15:42	3:14:32
438	420	McWeeney	Seamus	M40	0:58:17	1:02:09	1:14:00	3:15:57	3:14:26
439	148	Dunne	Gary	M40	1:03:48	1:03:57	1:07:11	3:16:04	3:14:56
440	66	Cavanagh	Brian	M60	1:03:50	1:02:33	1:08:25	3:16:15	3:14:48
441	297	Kelly	Sean	M40	1:01:26	1:01:12	1:13:01	3:16:20	3:15:39
442	662	Murphy	James	MS	0:59:00	1:02:16	1:14:12	3:16:26	3:15:28
443	115	Cusack	Geraldine	W40	1:03:45	1:05:07	1:06:25	3:16:28	3:15:17
444	658	Youngusband	Franny	W50	1:04:09	1:04:33	1:07:08	3:16:35	3:15:50
445	419	McVeigh	Eimear	WS	0:57:52	1:03:59	1:13:26	3:16:43	3:15:17
446	581	Romo	Ana	W40	1:00:44	1:04:50	1:10:08	3:16:55	3:15:42
447	527	O'Riordan	Cliona	WS	1:02:44	1:02:35	1:10:30	3:17:06	3:15:49

448	242	Helbert	Erin	WS	1:07:30	1:04:31	1:04:05	3:17:50	3:16:12
449	215	Guinan	Paddy	MS	1:04:00	1:03:53	1:08:56	3:18:05	3:16:50
450	252	Hoare	Deirdre	W40	1:00:47	1:03:32	1:12:03	3:18:05	3:16:22
451	472	Mythen	Brian	MS	0:57:46	1:04:32	1:15:34	3:18:30	3:17:52
452	464	Murphy	James	M50	1:04:30	1:05:55	1:07:13	3:18:31	3:17:38
453	142	Donohue	Mark	MS	0:58:16	1:01:10	1:18:26	3:18:32	3:17:52
454	326	Lloyd	Patricia	WS	1:02:55	1:02:13	1:12:00	3:18:36	3:17:07
455	5	Arthur	Miriam	WS	1:03:18	1:02:13	1:12:00	3:18:43	3:17:31
456	73	Clarke	Joe	M50	1:03:11	1:04:38	1:09:34	3:19:02	3:17:23
457	557	Redmond	Ursula	WS	1:04:01	1:02:04	1:11:51	3:19:03	3:17:55
458	514	O'Mahony	Triona	MS	1:02:02	1:04:03	1:11:51	3:19:12	3:17:55
459	391	McGrath	Orlagh	WS	0:58:56		2:20:11	3:19:59	3:19:06
460	477	Neville	Tim	MS	0:58:43	1:01:57	1:18:15	3:20:11	3:18:55
461	194	Geoghegan	Paul	MS	0:58:48	1:06:40	1:14:14	3:20:32	3:19:42
462	646	Watters	Barry	MS	1:00:17		2:19:32	3:20:35	3:19:48
463	179	Flaherty	Rita	W50	1:02:25	1:07:15	1:09:29	3:20:38	3:19:09
464	313	Kyne	Grainne	WS	1:00:44	1:06:35	1:12:36	3:20:46	3:19:56
465	6	Arthur	Susan	WS	1:03:19	1:04:41	1:12:44	3:21:56	3:20:44
466	685	Flaherty	Adrian	MS	1:05:40		2:14:32	3:21:57	3:20:13
467	67	Cawley	Sharon	WS	1:03:43	1:02:36	1:14:37	3:22:05	3:20:56
468	316	Lawlor	Elaine	WS	1:03:18	1:04:44	1:13:18	3:22:33	3:21:20
469	562	Reidy	Michael	M40	1:04:26	1:04:10	1:12:49	3:22:37	3:21:26
470	561	Reidy	Glynnis	W40	1:04:27	1:04:12	1:12:49	3:22:37	3:21:28
471	571	Rigney	Edel	MS	1:01:40	1:08:17	1:12:12	3:22:58	3:22:08
472	523	O'Regan	Gillian	WS	1:02:00	1:07:00	1:12:20	3:23:04	3:21:20
473	238	Heffernan	Edmond	MS	1:06:34	1:07:52	1:06:25	3:23:05	3:20:51
474	292	Kelly	Eoin	M40	1:01:13	1:07:23	1:14:00	3:23:29	3:22:35
475	68	Chadwick	Sarah	WS	1:04:04	1:02:01	1:16:48	3:23:37	3:22:53
476	210	Greene	Kevin	MJ	1:00:27	1:05:24	1:17:00	3:23:40	3:22:51
477	274	Ivers	Ann	W50	1:03:29	1:05:48	1:13:09	3:23:49	3:22:25
478	566	Reilly	Sean	MS	0:58:37	0:58:08	1:24:53	3:23:54	3:21:39
479	564	Reilly	Joseph	M40	1:03:31	1:02:09	1:17:08	3:23:56	3:22:48
480	205	Grace	Mandy	W40	1:00:23	1:08:13	1:14:27	3:24:27	3:23:02
481	551	Purtill	Robert	M40	1:09:21	1:07:05	1:06:26	3:24:32	3:22:52
482	383	McGeeney	Kevin	M40	1:09:20	1:07:08	1:06:39	3:24:47	3:23:08
483	235	Hayes	Gavan	MS	0:57:55	1:06:57	1:19:56	3:25:11	3:24:49
484	553	Quinn	Elaine	WS	1:07:50	1:08:03	1:07:36	3:25:39	3:23:30
485	439	Moran	Oisin	MS	1:04:15	1:08:25	1:11:52	3:25:43	3:24:32
486	494	O'Brien	Tadhg	MS	1:03:06	1:00:33	1:20:51	3:25:50	3:24:29
487	497	O'Callaghan	Dermot	MS	1:03:55	1:01:45	1:19:18	3:26:08	3:24:59
488	641	Walsh	Sinead	WS	1:04:18	1:08:23	1:12:18	3:26:09	3:24:59
489	236	Healy	Nina	MS	1:03:38	1:06:30	1:14:58	3:26:17	3:25:06
490	382	McFarlane	Pauline	WJ	1:04:27	1:07:18	1:13:53	3:26:27	3:25:38
491	125	Dempsey	Margaret	WS	1:04:22	1:08:23	1:11:42	3:26:35	3:24:28
492	654	Wilford	Siobhan	WS	1:01:30	1:08:45	1:15:31	3:26:47	3:25:46
493	14	Blake	Philip	M40	1:01:31	1:08:44	1:15:32	3:26:47	3:25:47
494	219	Halligan	Frank	MS	1:02:44	1:02:06	1:20:21	3:26:48	3:25:12
495	453	Mulry	Edel	W40	1:07:50	1:08:03	1:08:50	3:26:52	3:24:43
496	75	Cody	Brian	M40	1:03:52		2:23:02	3:27:45	3:26:53
497	376	McDermott	Joann	WS	1:07:15	1:08:30	1:10:46	3:28:26	3:26:32
498	89	Conway	Emma	MJ	1:05:05	1:07:01	1:15:35	3:28:29	3:27:41
499	41	Byrne	Joe	MJ	0:58:22	1:04:04	1:25:41	3:28:41	3:28:06
500	403	McKernan	Karen	WS	1:07:15	1:06:38	1:13:29	3:29:09	3:27:22
501	569	Reynolds	Alan	MS	1:03:38	1:05:41	1:19:23	3:29:57	3:28:42
502	529	O'Rourke	Catherine	WS	1:06:56	1:09:49	1:11:41	3:30:07	3:28:25
503	517	O'Neill	Audrey	W40	1:50:51		1:37:23	3:30:13	3:28:14

504	518	O'Neill	Mark	M40	1:50:45		1:37:30	3:30:13	3:28:15
505	296	Kelly	Ryan	MS	2:11:28		3:26:55	3:30:14	3:26:55
506	90	Coogan	Darren	M40	0:58:08	1:10:47	1:20:06	3:30:15	3:29:01
507	279	Keane	Brian	MS	1:05:17	1:04:35	1:19:22	3:30:45	3:29:13
508	44	Byrne	Mark	MS	1:01:23	1:04:06	1:24:22	3:31:09	3:29:51
509	678	McGrath	Orlagh	WS	1:04:19	1:10:10	1:16:03	3:32:08	3:30:31
510	307	Keogan	Miriam	WS	1:05:31	1:08:02	1:17:49	3:32:16	3:31:22
511	449	Mullally	Mary	W40	1:07:53	1:10:57	1:11:46	3:32:30	3:30:35
512	448	Mullally	Jean	W40	1:07:53	1:10:56	1:11:46	3:32:31	3:30:35
513	328	Lovett	Alan	M60	1:06:42	1:08:37	1:16:28	3:32:35	3:31:48
514	199	Giles	Sarah	WS	1:09:20	1:09:42	1:13:31	3:34:11	3:32:33
515	463	Murphy	Gareth	MS	1:09:20	1:09:43	1:13:31	3:34:11	3:32:33
516	336	Mac An tSaoir	RÁ³nan	MS	1:02:46	1:03:04	1:26:47	3:34:14	3:32:37
517	189	Ganly	Maureen	M40	1:05:21	1:10:46	1:16:56	3:34:40	3:33:03
518	620	Torris	Joe	M40	1:03:52	1:08:14	1:21:36	3:34:41	3:33:41
519	54	Campion	Katherine	W40	1:03:13	1:08:29	1:21:20	3:34:41	3:33:02
520	673	Mulcahy	Justin	MS	1:04:39	1:05:39	1:23:21	3:34:48	3:33:40
521	415	McNamara	Veronica	MS	1:03:30	1:02:09	1:28:01	3:34:50	3:33:40
522	421	McWey	Eddie	M40	1:03:54	1:04:40	1:25:27	3:35:05	3:34:01
523	672	Holohan	Paula	WS	1:06:20	1:11:32	1:16:04	3:35:08	3:33:55
524	168	Faulkner	Simon	MS	1:03:40	1:09:40	1:21:46	3:35:50	3:35:06
525	181	Flynn	Emer	WJ	1:05:28	1:09:25	1:19:31	3:35:52	3:34:24
526	247	Hennigan	Teresa	W40	1:06:23	1:12:49	1:15:54	3:36:08	3:35:06
527	11	Bennett	Ann	W40	1:06:16	1:12:39	1:15:54	3:36:08	3:34:49
528	560	Reid	Noel	MS	1:06:33	1:09:20	1:18:03	3:36:09	3:33:56
529	24	Brennan	Fran	WS	1:00:26	1:11:12	1:23:56	3:36:33	3:35:34
530	352	Markley	Shirley	W40	1:01:30	1:08:14	1:25:41	3:36:49	3:35:26
531	400	McKeever	Aisling	WS	1:03:53	1:12:27	1:19:19	3:36:53	3:35:39
532	340	Macfarlane	Sheila	WS	1:06:22	1:10:34	1:19:28	3:37:56	3:36:24
533	218	Gunter	Laura	WS	1:08:24	1:10:54	1:17:31	3:38:20	3:36:49
534	544	Power	Madeline	M40	1:06:56	1:09:52	1:21:35	3:40:20	3:38:23
535	584	Ross-Innes	Angela	WS	1:07:38	1:09:54	1:22:36	3:41:33	3:40:08
536	358	Maughan	Hughie	M40	1:06:43	1:07:02	1:26:50	3:41:51	3:40:35
537	154	Egan	Frances	W40	1:13:46	1:13:14	1:13:50	3:43:04	3:40:49
538	1	Adamson	David	MS	1:05:01	1:10:08	1:27:51	3:44:04	3:43:00
539	635	Walsh	John	M40	1:03:23	1:11:50	1:28:00	3:44:05	3:43:13
540	580	Rohan	David	M40	1:00:48	1:01:46	1:41:34	3:44:55	3:44:08
541	692	O'Reilly	Cathal	MS	1:03:25	1:02:13	1:37:53	3:44:55	3:43:31
542	200	Gilmartin	Sonia	WS	1:10:33	1:15:02	1:19:13	3:46:12	3:44:47
543	502	OConnor	Marie	WS	1:13:47	1:13:13	1:17:04	3:46:19	3:44:04
544	28	Brinn	John	M40	1:08:03	1:12:44	1:24:24	3:46:31	3:45:12
545	450	Mullarkey	Aine	W40	1:06:03	1:10:46	1:28:15	3:46:32	3:45:04
546	492	O'Brien	David	M50	1:10:16	1:15:42	1:19:42	3:47:22	3:45:39
547	241	Hegarty	Shane	MS	1:12:30	1:15:42	1:16:52	3:47:24	3:45:03
548	240	Hegarty	David	MS	1:12:31	1:15:40	1:16:52	3:47:24	3:45:03
549	480	Ni ChribÁ-n	Ášna	W40	1:09:51	1:17:50	1:21:04	3:49:51	3:48:45
550	10	Balfe	Myles	MS	1:03:28	1:18:29	1:28:09	3:50:48	3:50:05
551	682	McGuinness	Claire	WS	1:06:15	1:15:01	1:28:29	3:51:05	3:49:46
552	443	Morrissey	Noreena	WS	1:08:43	1:16:10	1:24:53	3:51:14	3:49:46
553	362	McArdle	Maria	W40	1:08:46	1:16:09	1:24:53	3:51:14	3:49:47
554	138	Donohoe	Fidelma	WS	1:03:53	1:25:20	1:23:29	3:53:42	3:52:42
555	137	Donnelly	Jean	WS	1:09:03	1:13:24	1:30:25	3:54:51	3:52:52
556	372	McCluskey	Orla	WS	1:14:34	1:18:43	1:21:17	3:55:56	3:54:34
557	141	Donohue	Marian	WS	1:14:34	1:18:42	1:21:28	3:56:05	3:54:44
558	253	Hoare	Fiona	W40	1:09:53	1:20:23	1:24:54	3:56:19	3:55:09
559	695	Ryan	Julianne	W50	1:09:44	1:20:13	1:25:17	3:56:43	3:55:14

560	287	Keenan	Ria	WS	1:08:21	1:18:50	1:28:15	3:57:19	3:55:26
561	107	Cummins	Henry	M60	1:12:11	1:17:27	1:30:07	4:00:51	3:59:44
562	59	Carrick	Richard	MS	1:12:25	1:19:06	1:33:09	4:05:52	4:04:40
563	408	McMahon	Dermot	MS	1:42:07	1:13:51	1:07:55	4:05:52	4:03:53
564	435	Moran	Beatrice	WS	1:14:36	1:25:38	1:33:59	4:15:46	4:14:14
565	515	OMara	Annette	W60	1:16:59	1:43:57	1:45:39	4:46:36	4:46:36
566	170	Feighery	Paul	M50	1:17:00	1:43:58	1:45:38	4:46:36	4:46:36
567	594	Scally	Teresa	WS	1:17:01	1:43:55	1:45:41	4:46:37	4:46:37
568	323	Leonard	Margaret	W50	1:17:00	1:44:01	1:45:37	4:46:38	4:46:38
569	548	Pugh	Eileen	M40	1:42:08	1:42:01	1:51:05	5:17:12	5:15:14
570	547	Pugh	Derek	M40	1:42:05	1:42:02	1:51:04	5:17:12	5:15:11
571	298	Kelly	Shay	M50	1:50:21	1:52:01	1:40:19	5:24:40	5:22:41
572	290	Kelly	Anne	W50	1:50:19	1:51:59	1:40:22	5:24:40	5:22:40
	98	Costello	Kate	WS	1:07:13	1:06:38		DNF	DNF
	636	Walsh	John	MS	1:13:51	1:28:18		DNF	DNF
	20	Boylan	Marcus	MS	1:04:59			DNF	DNF
	550	Pugh	Sinead	MJ	2:12:46			DNF	DNF
	549	Pugh	Shauna	WS				DNF	DNF