

Provisional Results of the 2013 East Galway AC 4M Road Race

Pos	Num	Time	Name	Club	Category
1	99	21:10	Matt Bidwell	Galway City Harriers	MS
2	71	21:24	Jason Broderick	Craughwell AC	MS
3	61	21:48	John Greaney	Galway City Harriers	MS
4	131	22:05	Kevin Moore	Dundrum	MS
5	113	22:35	Stephen McKeigue	Ferbane	MS
6	125	22:44	Johnny Lane	Craughwell AC	MS
7	20	22:44	Eddie Newman	Mullingar Harriers	M50
8	74	23:15	Ronan Maher		MS
9	85	23:46	Damien Carkin	Craughwell AC	MS
10	105	23:51	Tommy Joe Whyte	Tuam AC	M50
11	110	24:08	Gearoid Healy	Tuam AC	MS
12	118	24:12	Eoin Lyons		MJ
13	49	24:19	John Nolan	Mayo AC	M40
14	47	24:22	Kevin Heffernan		MS
15	80	24:26	Mike Rice	Athenry AC	M40
16	77	24:28	Michael Keating		M40
17	44	24:31	Brian Sexton		MS
18	83	24:34	Graham Allen	Carrick On Shannon	M50
19	19	24:37	Kilian Dooley	Galway City Harriers	M40
20	76	24:37	Jane Ann Healy	Athenry AC	FS
21	91	24:38	Tomasz Kadzielawski	Athenry AC	MS
22	50	25:14	Patrick Walsh	Mayo AC	MS
23	86	25:19	Derek Naughton	Tuam AC	MS
24	52	25:26	Dominic Regan	Mayo AC	M50
25	81	25:40	Brendan Monaghan	Tuam AC	M50
26	60	25:44	Barbara Dunne	Galway City Harriers	FS
27	17	26:06	Brian Somers	Athenry AC	MS
28	72	26:12	Michael Conway		MS
29	16	26:24	Brendan McArdle		M40
30	2	26:35	Andrew Talbot	Clare River Harriers	M60
31	88	26:45	Kieran McTigue		MS
32	41	26:48	Martin O'Hara	Athenry AC	M40
33	53	27:08	Vilnis Pleite	East Galway AC	M40
34	37	27:14	Kevin McNama	East Galway AC	M40
35	116	27:25	Jarleth Monaghan	Tuam AC	M50
36	97	27:43	Mark Rabbitte	Tuam AC	M50
37	126	27:58	Tony Killarney	Athenry AC	M50
38	133	28:00	Martin McGill		MS
39	96	28:03	Stephen Brady	Tuam AC	M40
40	73	28:07	Clare Rowe	Corofin AC	FS
41	124	28:09	Liam Nolan	South Galway AC	M40
42	22	28:20	Bernie Mulryan	Athenry AC	F50
43	48	28:29	Tom Casey	Ennis Track	M60
44	43	28:31	Ryan Toner	East Galway AC	MS
45	92	28:34	Eoin Waldron		MS
46	121	28:42	John Lydon		M40
47	51	28:53	Owen Mongan	Mayo AC	M50
48	112	28:59	Shane Lyons	East Galway AC	MS
49	40	29:02	Deirdre King	East Galway AC	F40
50	39	29:17	Martin Lennon	East Galway AC	M40
51	65	29:29	John McManus		M40
52	136	29:37	Martin Keane		MS
53	68	29:40	Anita Murphy	East Galway AC	FS

54	10	30:11	Daniel Conneely		MS
55	98	30:37	Kevin Kenny		MS
56	129	30:40	Iain Kelly		MS
57	6	30:41	Karl Powderly		M40
58	15	30:42	Melanie Donnellan	East Galway AC	F40
59	70	31:20	Gabrielle Donnellan	East Galway AC	FJ
60	117	31:21	MJ Delaney		FS
61	75	31:22	Christy Omalley	Mayo AC	M40
62	59	31:25	Thomas Mannion		M40
63	7	31:48	Mark Mills	East Galway AC	MS
64	42	31:56	Deirdre Toner	East Galway AC	FS
65	30	31:58	Gerry Fahy	East Galway AC	M40
66	57	32:39	Bernie Kelly	Galway City Harriers	F50
67	134	32:40	Robert Doyle		M40
68	14	32:46	Lorna Freeman	Athenry AC	F40
69	106	33:10	Tony Considine		M40
70	32	33:16	Orla Burke		FS
71	101	33:23	Noreen Muldoon		F40
72	69	33:44	Josephine Osullivan	Youghal	FS
73	58	33:52	Adrienne Walsh	Galway City Harriers	F50
74	100	33:54	Sharon Gannon		FS
75	78	33:54	Jim Donnelly	Mayo AC	M60
76	87	34:19	Grainne Casserly	East Galway AC	FS
77	119	34:20	Carmel O'Neill	East Galway AC	FS
78	38	34:22	Nuala Sutton		F40
79	79	34:28	Shirley Keating		F40
80	28	34:32	Eileen Molloy	Corofin AC	F50
81	64	34:34	Mary McManus		F40
82	63	34:38	Gerry Hurley		M40
83	114	34:42	Adrian Gildea		MS
84	62	34:43	Geraldine Murphy	Claremorris	F40
85	103	34:48	Anne Lyons	East Galway AC	F40
86	25	34:52	Bernie Glavin	Corofin AC	F40
87	29	34:52	Fidelma Killilea		F40
88	1	35:04	Martin Keane	Athenry AC	M70
89	67	35:09	Damien Costello		M40
90	102	35:24	Mary O'Toole		F40
91	11	36:09	Alma Murphy		FS
92	4	36:25	Cora Loftus	East Galway AC	FS
93	82	36:47	Marie Rooney	Craughwell AC	F50
94	84	36:47	Kieran O'Leary	Craughwell AC	M60
95	128	37:17	Marsha Murphy		FS
96	120	37:46	Hazel Flemming	East Galway AC	FS
97	18	37:47	Marie-Anne Michel		FS
98	127	37:49	Una Daly		FS
99	130	37:51	Cris Metcalf		MS
100	23	38:04	Donna Joyce		FS
101	35	38:06	Bernie Fahy	East Galway AC	FS
102	108	38:11	Caroline Mahon	Tuam AC	F40
103	24	38:14	Ursula Stephens		F40
104	90	38:28	Una Browne	Tuam AC	F60
105	111	39:29	Lisa Mannion-Lyons	East Galway AC	FS
106	109	39:37	John Murphy		MS
107	21	40:04	Ruth Audley		FS

108	104	40:05	Mary Noone		F40
109	95	40:07	Marie Walsh		FS
110	115	40:08	Helena Devane	East Galway AC	FS
111	94	40:24	Brid Brett		FS
112	89	41:00	Denise Costello	East Galway AC	FS
113	132	41:07	Audrey Kenny	Dundrum	FS
114	36	41:27	Angela Fahy	East Galway AC	FS
115	66	41:28	Anne Loftus	East Galway AC	F40
116	93	41:44	Tom Waldron	Mayo AC	M70
117	123	41:52	Tom Whyte	East Galway AC	M40
118	34	41:54	Michelle Jordan	East Galway AC	F40
119	56	41:54	Cathal Moran		M40
120	122	42:14	Geraldine Whyte	East Galway AC	F40
121	46	43:06	Niamh Slattery	Predator Tri Club	FJ
122	45	43:07	Valerie Slattery	Craughwell AC	F40
123	107	43:42	Helena McGrath		F40
124	54	44:36	Evelyn Moran		FS
125	55	44:37	Belinda Moran		FS
126	31	47:11	Karen Berry	East Galway AC	FS

Prizes for the 2013 East Galway AC 4M Road Race

	Num	Name	Club	Time
Senior Men				
1st	99	Matt Bidwell	Galway City Harriers	21:10
2nd	71	Jason Broderick	Craughwell AC	21:24
3rd	61	John Greaney	Galway City Harriers	21:48
Senior Women				
1st	76	Jane Ann Healy	Athenry AC	24:37
2nd	60	Barbara Dunne	Galway City Harriers	25:44
3rd	73	Clare Rowe	Corofin AC	28:07
Men Over 40				
1st	49	John Nolan	Mayo AC	24:19
Men Over 50				
1st	20	Eddie Newman	Mullingar Harriers	22:44
Men Over 60				
1st	2	Andrew Talbot	Clare River Harriers	26:35
Men Over 70				
1st	1	Martin Keane	Athenry AC	35:04
Men Junior				
1st	118	Eoin Lyons		24:12
Women Over 40				
1st	40	Deirdre King	East Galway AC	29:02
Women Over 50				
1st	22	Bernie Mulryan	Athenry AC	28:20
Women Over 60				
1st	90	Una Browne	Tuam AC	38:28
Women Junior				
1st	70	Gabrielle Donnellan	East Galway AC	31:20
Male Team Winners		Tuam AC Tommy Joe Whyte Gearoid Healy Derek Naughton Brendan Monaghan Jarleth Monaghan Mark Rabbitte		
Female Team Winners		East Galway AC Deirdre King Anita Murphy Melanie Donnellan Gabrielle Donnellan		

Deirdre Toner
Grainne Casserly