

Place	Bib	Name	Club	Cat	Total	5km	10km	15km	20km	25km	30km	35km	40km	45km	50km
1	80	Gary o hanlon	Clonliffe	M35	2:59:19	0:18:33	0:17:35	0:17:33	0:17:38	0:17:43	0:17:39	0:17:39	0:17:51	0:18:23	0:18:45
2	153	Raivis zakis	West Waterford	MS	3:13:44	0:18:34	0:18:11	0:18:34	0:18:37	0:18:30	0:18:56	0:19:16	0:19:43	0:20:43	0:22:39
3	8	Peter mooney	100 mara club	M35	3:16:11	0:19:58	0:19:13	0:19:50	0:19:29	0:19:17	0:18:57	0:19:31	0:20:16	0:19:19	0:20:23
4	158	Steven McKeigue		MS	3:16:41	0:19:57	0:19:14	0:19:09	0:19:21	0:19:26	0:19:42	0:19:59	0:19:47	0:19:50	0:20:17
5	159	Justin Maxwell	East coast	MS	3:17:24	0:20:02	0:19:10	0:19:08	0:19:21	0:19:26	0:19:34	0:19:50	0:20:32	0:20:36	0:19:45
6	120	Mike cunningham	Bilboa ac	M45	3:28:45	0:19:40	0:18:43	0:19:04	0:19:41	0:20:21	0:21:05	0:21:29	0:22:03	0:23:25	0:23:13
7	53	Ed mcentee	Sports world	M45	3:30:18	0:21:54	0:20:15	0:20:29	0:20:32	0:20:21	0:20:33	0:20:55	0:21:16	0:21:53	0:22:10
8	12	Chris Denton	Spring well	M40	3:32:42	0:21:15	0:20:28	0:20:46	0:20:29	0:20:44	0:20:52	0:21:31	0:21:37	0:22:14	0:22:45
9	35	Sean brosnan		MS	3:33:55	0:20:58	0:20:19	0:20:24	0:20:11	0:20:41	0:21:18	0:21:56	0:22:17	0:23:02	0:22:51
10	91	Eoin keith		M45	3:38:49	0:22:31	0:21:20	0:21:24	0:21:41	0:22:19	0:22:21	0:21:12	0:22:10	0:21:55	0:21:55
11	16	John Cronin	Galway city harr	MS	3:39:03	0:22:46	0:21:34	0:21:32	0:21:15	0:21:03	0:21:26	0:21:54	0:22:42	0:23:33	0:21:17
12	78	Colm Walsh	Mullingar h	M35	3:39:34	0:21:56	0:21:07	0:21:23	0:21:03	0:21:15	0:21:28	0:21:46	0:22:17	0:23:35	0:23:44
13	112	Ciaran dunne		M35	3:39:44	0:23:09	0:21:12	0:21:32	0:21:24	0:21:58	0:21:46	0:22:05	0:22:44	0:22:21	0:21:33
14	85	Orna Dilworth	Sports world	FS	3:43:16	0:22:44	0:21:36	0:21:44	0:21:45	0:21:49	0:22:14	0:22:35	0:22:24	0:22:48	0:23:38
15	9	Rory mooney	100 mara club	MS	3:45:45	0:19:57	0:19:13	0:19:50	0:19:56	0:20:58	0:21:00	0:21:48	0:23:25	0:27:38	0:31:58
16	93	Jamie killeen		MS	3:46:33	0:22:45	0:21:35	0:21:33	0:21:44	0:22:00	0:22:23	0:22:35	0:23:09	0:24:26	0:24:22
17	97	John o Regan	Le cheile	M40	3:46:46	0:22:25	0:20:51	0:21:28	0:21:41	0:21:59	0:22:26	0:23:02	0:23:31	0:24:24	0:24:58
18	115	Ger Copeland	Dublin bay	M40	3:47:41	0:21:54	0:21:18	0:22:06	0:21:50	0:21:55	0:22:26	0:23:16	0:24:23	0:24:16	0:24:16
19	40	John kissane		M45	3:50:05	0:24:28	0:22:38	0:22:43	0:22:39	0:22:33	0:22:42	0:22:22	0:22:46	0:23:29	0:23:45
20	136	Vasiliy neumerzhitskiy(RUS)	Mara 100 club	M45	3:50:35	0:23:38	0:21:23	0:21:41	0:21:54	0:22:10	0:22:52	0:23:14	0:23:25	0:25:14	0:25:02
21	95	Alan sammon		M35	3:51:20	0:23:59	0:21:58	0:22:21	0:22:04	0:22:21	0:22:27	0:22:31	0:22:46	0:24:05	0:26:48
22	137	Paddy moran		M35	3:52:41	0:23:11	0:22:19	0:22:33	0:22:17	0:22:22	0:22:42	0:23:23	0:24:24	0:25:08	0:24:23
23	154	Den guinee	Queens park harriers	MS	3:53:05	0:24:09	0:22:43	0:22:56	0:22:39	0:22:29	0:22:47	0:23:25	0:23:37	0:24:03	0:24:16
24	145	Graham henry (SCO)	Portobello	M45	3:53:30	0:23:11	0:21:47	0:22:26	0:22:20	0:22:45	0:23:27	0:23:30	0:23:54	0:24:48	0:25:23
25	38	Donagh mcgrath	Pulse tri	M40	3:53:44	0:24:09	0:22:43	0:22:57	0:22:39	0:22:29	0:22:47	0:23:25	0:23:37	0:24:04	0:24:56
26	129	Paul mahon	Parnellâ€™s	M45	3:54:46	0:24:09	0:22:44	0:22:56	0:22:39	0:22:34	0:23:47	0:24:22	0:24:44	0:24:07	0:22:43
27	29	Thomas bubendorfer	Star of the laun	M40	3:55:34	0:25:14	0:22:43	0:23:17	0:23:29	0:23:15	0:23:04	0:23:46	0:23:34	0:23:26	0:23:47
28	27	Shane McCarty	Celbridge	M40	3:57:18	0:22:42	0:21:56	0:22:03	0:22:50	0:22:38	0:23:27	0:23:42	0:24:43	0:26:38	0:26:39
29	79	Zoran skrba		M35	3:57:54	0:23:09	0:21:19	0:21:24	0:21:28	0:22:04	0:23:27	0:24:59	0:25:56	0:26:49	0:27:20
30	39	David noone	Athenry	MS	3:58:03	0:26:35	0:23:23	0:23:20	0:23:13	0:23:25	0:23:00	0:23:23	0:24:40	0:23:43	0:23:21
31	103	Paul de friene		M50	3:59:16	0:24:19	0:22:33	0:22:56	0:22:40	0:22:29	0:23:54	0:24:22	0:24:45	0:25:36	0:25:43
32	26	Damien mcsharry	Sligo ac	M45	4:00:48	0:22:41	0:21:50	0:22:29	0:22:57	0:23:24	0:24:13	0:25:47	0:25:22	0:26:43	0:25:21
33	37	Stephen Dawson	Donore	MS	4:02:31	0:25:04	0:23:02	0:23:32	0:23:25	0:23:39	0:24:00	0:23:44	0:24:20	0:24:49	0:26:56
34	33	Mark melia	Trim ac	MS	4:07:01	0:25:14	0:23:50	0:23:47	0:23:18	0:23:40	0:24:25	0:23:40	0:24:58	0:26:24	0:27:44
35	134	Liam Costello	Le cheile	MS	4:07:01	0:25:13	0:23:51	0:23:36	0:23:29	0:23:41	0:24:25	0:23:40	0:24:58	0:26:24	0:27:44
36	142	Seamus dunne	Dunboyne	M55	4:08:34	0:24:59	0:23:48	0:23:30	0:23:46	0:23:53	0:24:46	0:24:52	0:26:03	0:26:21	0:26:36
37	82	Paul Campbell	Crusaders	M40	4:08:49	0:24:37	0:23:28	0:23:33	0:23:25	0:23:37	0:24:03	0:24:31	0:25:58	0:26:47	0:28:49
38	63	Donal Egan		MS	4:09:11	0:26:35	0:25:50	0:25:07	0:25:53	0:25:53	0:23:21	0:23:36	0:24:06	0:25:33	0:23:18
39	149	Sean doyle	100 mara club	M45	4:11:55	0:26:37	0:24:57	0:24:45	0:24:34	0:25:07	0:23:37	0:23:58	0:25:09	0:26:10	0:27:02
40	44	Mike o Sullivan	Carrick ac	M40	4:12:10	0:26:35	0:24:59	0:24:46	0:24:42	0:24:47	0:23:49	0:23:58	0:25:09	0:26:13	0:27:14
41	42	Olwyn Dunne	Crusaders	F45	4:13:23	0:26:53	0:25:24	0:25:10	0:25:52	0:25:34	0:25:05	0:25:29	0:24:56	0:24:45	0:24:14
42	81	David Mahoney	100 Mara club	M45	4:13:37	0:26:34	0:24:09	0:23:59	0:24:05	0:24:28	0:24:58	0:25:29	0:25:52	0:26:00	0:28:01
43	31	Paul molloy		M40	4:13:39	0:24:37	0:23:28	0:23:32	0:23:25	0:23:42	0:24:10	0:25:37	0:27:41	0:28:46	0:28:40

44	73	Joe Bartley		M35	4:13:46	0:26:52	0:25:24	0:25:10	0:25:53	0:25:34	0:25:06	0:25:28	0:24:57	0:24:44	0:24:37
45	54	Colm kernan		M45	4:13:46	0:26:53	0:25:24	0:25:09	0:25:53	0:25:34	0:25:06	0:25:29	0:24:57	0:24:44	0:24:37
46	17	Kieran Maguire		M45	4:16:51	0:24:38	0:23:29	0:23:32	0:23:34	0:24:00	0:25:06	0:25:55	0:27:28	0:29:23	0:29:46
47	43	Keith gory	Tullamore	M35	4:17:31	0:25:47	0:24:10	0:24:06	0:24:22	0:24:19	0:25:18	0:25:30	0:26:03	0:27:59	0:29:59
48	122	Oliver Kearney	Donadea	M40	4:17:50	0:24:38	0:23:29	0:23:31	0:23:25	0:23:40	0:23:59	0:24:00	0:26:26	0:31:44	0:32:58
49	143	Peter mcintyre	donadea	M55	4:18:58	0:26:37	0:24:58	0:24:45	0:24:42	0:25:05	0:25:31	0:25:58	0:23:58	0:26:01	0:31:25
50	50	Colman Greene	Clare river harrier	M50	4:20:50	0:25:16	0:24:11	0:25:48	0:24:10	0:24:58	0:25:07	0:25:08	0:26:48	0:32:03	0:27:20
51	2	Don hannon	Running holidays	M40	4:21:32	0:25:14	0:27:55	0:26:48	0:26:22	0:26:13	0:26:33	0:23:08	0:23:05	0:28:39	0:27:35
52	1	Donna mcloughin	Running holidays	FS	4:21:35	0:24:55	0:23:13	0:24:06	0:25:26	0:25:49	0:28:02	0:27:22	0:26:38	0:28:27	0:27:37
53	86	Rob McCabe	Clane ac	MS	4:21:58	0:24:34	0:23:27	0:23:37	0:23:35	0:23:30	0:24:01	0:24:56	0:28:59	0:33:26	0:31:53
54	157	Barry thornon	Sli cualann	M35	4:24:34	0:24:05	0:22:35	0:23:15	0:23:46	0:24:17	0:24:59	0:26:43	0:31:27	0:30:13	0:33:15
55	22	Mark Morrissey	100 Mara club	M40	4:25:31	0:24:27	0:23:27	0:23:21	0:23:59	0:24:56	0:26:50	0:27:23	0:30:12	0:31:25	0:29:32
56	10	Paul nesbitt		MS	4:26:26	0:23:15	0:21:43	0:22:25	0:22:35	0:25:20	0:28:30	0:31:26	0:30:40	0:31:08	0:29:24
57	3	David o Donohue		M40	4:26:38	0:26:50	0:24:43	0:24:46	0:24:42	0:25:04	0:25:33	0:26:38	0:28:03	0:29:39	0:30:38
58	25	Mark Clifford	100 Mara club	M35	4:27:31	0:27:52	0:26:21	0:26:18	0:26:31	0:26:09	0:26:00	0:26:59	0:27:19	0:27:40	0:26:21
59	109	Deirdre Finn	100 Mara club	F45	4:27:49	0:24:29	0:23:31	0:23:18	0:23:51	0:25:23	0:26:29	0:28:01	0:29:39	0:31:03	0:32:05
60	108	Brendan dowd	Donadea	M35	4:28:12	0:26:36	0:24:57	0:24:45	0:24:43	0:25:05	0:25:31	0:25:52	0:27:47	0:31:15	0:31:41
61	15	Kate kelly	Wexford Tri	F40	4:28:40	0:27:51	0:26:21	0:26:44	0:26:28	0:26:25	0:26:15	0:26:38	0:27:07	0:27:16	0:27:34
62	57	Greg Dixon	Duleek ac	M40	4:28:48	0:30:00	0:26:26	0:26:10	0:25:25	0:25:08	0:26:02	0:25:46	0:30:47	0:26:53	0:26:11
63	148	John chapman	100 mara club	M45	4:29:15	0:28:24	0:25:04	0:26:16	0:26:27	0:26:43	0:26:14	0:25:29	0:25:32	0:28:38	0:30:27
64	48	Bertie Harte		M40	4:30:17	0:25:10	0:23:17	0:23:29	0:24:09	0:24:53	0:26:09	0:30:13	0:30:58	0:33:40	0:28:19
65	45	Aidan duff		M35	4:31:49	0:27:59	0:26:14	0:26:15	0:26:25	0:26:16	0:26:25	0:26:45	0:27:09	0:28:37	0:29:44
66	160	Caroline mcloughlin	Running holidays	FS	4:32:36	0:26:36	0:25:42	0:25:56	0:26:51	0:26:54	0:27:12	0:28:21	0:28:25	0:28:35	0:28:04
67	24	Christy Cahill	Portloise	M50	4:32:45	0:26:54	0:25:24	0:25:10	0:25:51	0:25:35	0:25:08	0:25:57	0:26:58	0:29:53	0:35:55
68	64	Niall McLean		M35	4:33:05	0:27:06	0:25:20	0:25:07	0:25:53	0:25:53	0:24:53	0:25:50	0:27:06	0:31:46	0:34:12
69	72	Ray lenahan		M45	4:33:28	0:26:36	0:24:57	0:24:46	0:24:43	0:25:05	0:25:32	0:26:20	0:30:05	0:32:05	0:33:21
70	150	Christopher walsh	100 mara club	M40	4:34:27	0:28:25	0:25:03	0:26:16	0:26:28	0:26:43	0:26:15	0:25:47	0:26:45	0:31:27	0:31:17
71	59	Marie mckeown	Tri an mhi	FS	4:34:45	0:27:42	0:25:54	0:26:20	0:26:26	0:26:46	0:27:22	0:27:28	0:28:21	0:29:04	0:29:23
72	88	Matthew Hewitt	East coast ac	MS	4:35:19	0:22:31	0:20:45	0:21:29	0:21:42	0:22:11	0:22:51	0:30:54	0:32:09	0:42:29	0:38:17
73	77	Paul mcgurrell	Dublin fire brigade	MS	4:35:28	0:27:53	0:26:20	0:26:44	0:26:40	0:27:10	0:27:36	0:27:49	0:28:58	0:30:00	0:26:18
74	76	Maeve noone	Athenry	F40	4:36:28	0:29:24	0:27:07	0:27:27	0:27:40	0:27:52	0:26:34	0:27:05	0:27:33	0:28:15	0:27:31
75	36	Collette muarry		F35	4:37:53	0:27:41	0:25:55	0:26:19	0:26:26	0:26:46	0:27:00	0:27:57	0:28:59	0:30:12	0:30:36
76	69	Gary Reinhardt	100 Mara club	MS	4:40:34	0:28:26	0:25:11	0:25:53	0:26:05	0:27:39	0:28:11	0:29:50	0:29:18	0:30:33	0:29:28
77	104	Steve gibson	Pace antrim	M35	4:40:50	0:27:45	0:25:01	0:24:00	0:25:19	0:26:37	0:27:07	0:29:34	0:31:05	0:33:06	0:31:16
78	133	Brian ankers	100 Mara club	MS	4:42:06	0:28:46	0:25:18	0:25:53	0:28:03	0:24:55	0:26:13	0:25:38	0:26:23	0:38:23	0:32:33
79	147	Aoife o donnell		FS	4:42:06	0:26:34	0:25:37	0:25:56	0:26:57	0:27:28	0:27:39	0:28:44	0:29:43	0:30:54	0:32:34
80	155	Mark quinn		M40	4:43:18	0:28:48	0:27:39	0:27:23	0:27:47	0:28:05	0:28:14	0:27:33	0:28:02	0:29:27	0:30:20
81	140	Dave riordan		M40	4:44:47	0:24:48	0:23:48	0:25:00	0:25:37	0:26:42	0:27:44	0:29:25	0:31:42	0:33:56	0:36:06
82	128	Pol o murchu	Mara 100 club	M40	4:48:05	0:27:09	0:26:00	0:26:47	0:27:14	0:29:18	0:31:57	0:32:40	0:28:44	0:30:28	0:27:47
83	67	John Conway		M35	4:49:26	0:30:18	0:28:20	0:28:10	0:27:54	0:27:56	0:28:16	0:28:27	0:28:49	0:30:39	0:30:36
84	60	Fergal McDonnell	Lycra ac	M40	4:49:43	0:27:52	0:26:21	0:26:44	0:26:39	0:28:08	0:28:41	0:29:47	0:31:07	0:32:16	0:32:08
85	94	Brendan Neville	Cocos ac	M45	4:50:59	0:30:19	0:27:05	0:26:40	0:27:37	0:28:14	0:28:29	0:29:42	0:30:53	0:31:02	0:30:59
86	125	Alison underwood	Le cheile	F35	4:52:29	0:30:11	0:28:07	0:28:16	0:27:59	0:29:28	0:29:28	0:29:54	0:29:39	0:30:08	0:29:19
87	13	Trevor Denton	100 Mara club	M45	4:52:38	0:28:02	0:26:13	0:26:43	0:26:39	0:27:07	0:27:52	0:30:36	0:31:13	0:33:57	0:34:16

88	121	Jarleth hynes		M45	4:53:07	0:27:10	0:26:00	0:26:47	0:26:15	0:27:38	0:27:22	0:27:18	0:30:48	0:40:23	0:33:26
89	135	Fiona Collins	Donadea rc	F40	4:53:15	0:30:16	0:28:20	0:28:17	0:28:13	0:28:36	0:29:24	0:29:46	0:29:34	0:30:24	0:30:25
90	107	Gareth McCauley	Donadea	MS	4:53:15	0:30:17	0:28:20	0:28:17	0:28:13	0:28:36	0:29:24	0:29:46	0:29:34	0:30:24	0:30:25
91	100	Frank McDermott	Dublin bay	MS	4:55:30	0:29:15	0:27:10	0:27:25	0:27:46	0:28:06	0:28:38	0:29:44	0:30:36	0:33:32	0:33:18
92	106	Jude holt (SCO)		F35	4:55:30	0:28:46	0:27:40	0:27:25	0:28:20	0:29:45	0:29:15	0:29:55	0:30:04	0:31:22	0:32:57
93	56	Ray Cassin	Duleek ac	M40	4:55:30	0:29:44	0:28:04	0:27:49	0:28:06	0:28:32	0:28:38	0:30:13	0:30:13	0:31:14	0:32:57
94	70	Niall Kavanagh		M35	4:55:40	0:29:00	0:26:50	0:26:47	0:27:35	0:26:38	0:26:58	0:28:43	0:32:47	0:34:42	0:35:41
95	66	John cleaver		M40	4:55:43	0:28:59	0:26:50	0:26:47	0:27:34	0:26:39	0:26:58	0:28:44	0:32:46	0:34:42	0:35:44
96	62	Ed egan	athenry	M40	4:56:21	0:29:27	0:27:04	0:27:20	0:27:46	0:28:02	0:29:05	0:30:39	0:31:57	0:32:33	0:32:28
97	30	Martin Purcell		M40	4:56:32	0:28:27	0:25:47	0:26:28	0:26:36	0:27:23	0:29:22	0:31:17	0:33:36	0:33:14	0:34:21
98	11	John Barry		M45	4:57:10	0:27:52	0:26:20	0:26:43	0:26:28	0:27:20	0:27:38	0:29:45	0:31:55	0:34:21	0:38:46
99	89	Jin schofield		M45	4:57:49	0:26:34	0:25:35	0:25:19	0:25:52	0:26:17	0:28:43	0:32:19	0:34:12	0:37:29	0:35:30
100	83	Leo Lundy	Crusaders	M45	4:59:54	0:29:56	0:27:51	0:27:49	0:28:02	0:28:37	0:29:11	0:29:41	0:31:03	0:34:55	0:32:48
101	96	Maurice olwill	100 mara club	M45	4:59:58	0:30:55	0:29:59	0:30:01	0:29:27	0:29:08	0:29:36	0:30:16	0:29:53	0:30:49	0:29:54
102	28	Kevin ecock	Celbridge	M55	5:02:21	0:29:40	0:26:35	0:27:17	0:27:16	0:28:57	0:29:11	0:30:41	0:33:33	0:35:54	0:33:17
103	18	Eric hewston	Dublin bay	M40	5:02:57	0:29:15	0:27:10	0:27:26	0:27:46	0:28:06	0:28:38	0:29:44	0:38:53	0:36:09	0:29:52
104	126	Angie butler	Le cheile	F40	5:03:57	0:30:11	0:28:37	0:28:48	0:29:11	0:29:29	0:29:45	0:29:50	0:31:38	0:33:05	0:33:22
105	68	Siobhan guinan	Athenry	F35	5:04:35	0:29:24	0:27:07	0:27:26	0:27:40	0:28:03	0:31:16	0:32:34	0:33:26	0:34:04	0:33:35
106	144	Brendan cummins	Donadea	M60	5:04:49	0:28:02	0:27:27	0:28:18	0:29:10	0:30:20	0:29:53	0:32:00	0:31:42	0:33:02	0:34:57
107	130	Tommy mcmannmon	Ballina	M55	5:06:22	0:30:42	0:28:24	0:28:40	0:29:02	0:29:34	0:29:49	0:30:28	0:32:01	0:33:28	0:34:15
108	4	Paschal murphy	Donadea	M35	5:08:00	0:30:18	0:28:20	0:28:16	0:28:14	0:29:21	0:31:21	0:33:11	0:33:18	0:33:28	0:32:13
109	131	Gary seery	100 Mara club	M35	5:08:44	0:29:15	0:27:09	0:27:26	0:27:46	0:28:06	0:38:57	0:33:21	0:31:32	0:32:48	0:32:24
110	74	Michael spratt		M45	5:16:30	0:30:39	0:27:58	0:28:18	0:28:11	0:28:37	0:29:44	0:32:58	0:35:52	0:36:44	0:37:29
111	151	Andrew Meehan	Donadea rc	MS	5:17:30	0:30:16	0:28:20	0:28:20	0:28:18	0:29:07	0:31:33	0:34:09	0:35:23	0:37:00	0:35:05
112	110	Damien Farrell	Donadea	M35	5:18:25	0:30:17	0:28:20	0:28:16	0:28:20	0:28:31	0:30:38	0:36:16	0:36:03	0:37:03	0:34:42
113	71	Stephen culligan		M35	5:20:25	0:29:00	0:26:50	0:26:47	0:27:35	0:31:29	0:37:02	0:36:28	0:34:36	0:37:38	0:33:02
114	90	Helen Dixon	Sports world	F40	5:20:50	0:27:53	0:26:49	0:27:38	0:28:54	0:31:34	0:33:28	0:34:21	0:35:59	0:37:42	0:36:33
115	132	Eddie fox	Donadea	M35	5:25:29	0:30:16	0:28:33	0:29:17	0:28:41	0:31:31	0:31:42	0:36:03	0:36:29	0:38:19	0:34:39
116	55	Lorna Sinclair (SCO)		F40	5:27:10	0:28:47	0:28:34	0:28:43	0:30:11	0:30:11	0:32:30	0:34:40	0:37:54	0:39:10	0:36:30
117	34	Elle o neill	Celbridge	F35	5:27:23	0:31:07	0:30:42	0:30:06	0:31:04	0:31:53	0:32:46	0:34:15	0:34:26	0:35:29	0:35:34
118	127	Cathy Walsh	Le cheile	F45	5:29:45	0:30:11	0:28:37	0:29:04	0:29:09	0:30:11	0:31:40	0:36:02	0:40:41	0:37:13	0:36:58
119	19	Andrew dowdall		MS	5:34:52	0:28:29	0:28:46	0:30:00	0:31:29	0:29:10	0:32:15	0:35:28	0:42:41	0:35:44	0:40:51
120	116	Deirdre Boland	Running holidays	F35	5:34:52	0:28:29	0:28:52	0:30:29	0:32:04	0:33:03	0:34:58	0:35:29	0:36:15	0:36:30	0:38:44
121	47	Stephen mullins	DBRC	M40	5:47:04	0:31:15	0:30:35	0:29:49	0:30:47	0:31:38	0:34:19	0:37:43	0:41:01	0:38:46	0:41:10
122	51	Kathleen chesire	Mara 100 club	F40	5:47:31	0:31:15	0:30:12	0:31:06	0:33:08	0:35:19	0:35:16	0:36:38	0:36:42	0:36:13	0:41:43
123	14	Claire Harrington	Sports world	F45	5:48:11	0:30:49	0:29:34	0:30:26	0:31:37	0:35:02	0:35:52	0:37:35	0:38:56	0:39:55	0:38:24
124	75	Paul Richardson		M45	5:55:14	0:31:15	0:30:11	0:33:41	0:33:54	0:35:07	0:37:45	0:37:52	0:39:21	0:39:07	0:37:03
125	114	Claire connaughton	100m Mara club	FS	6:12:57	0:31:14	0:30:11	0:31:07	0:33:24	0:36:09	0:41:35	0:44:29	0:42:41	0:43:00	0:39:06
	117	David Fitzpatrick	Tallaght	M35	DNF	0:21:56	0:21:06	0:21:23	0:21:03	0:21:16	0:21:45	0:21:45	0:20:55		
	7	Stephen connon	Pearse bros	M35	DNF	0:21:56	0:21:07	0:21:23	0:21:04	0:21:15	0:21:45	0:21:45	0:20:56		
	156	Andrew greaney		M35	DNF	0:25:14	0:22:42	0:23:17	0:23:29	0:23:15	0:23:04	0:23:46	0:26:33		
	113	Paul teahan	100 Mara club	M35	DNF	0:29:40	0:27:40	0:27:26	0:27:17	0:29:02	0:29:13	0:32:15	0:30:30		
	46	Dominic horan	Sli cualann	M45	DNF	0:22:44	0:21:36	0:21:33	0:21:14	0:20:55	0:21:12	0:21:16			
	32	James doran	An Riocht ac	MS	DNF	0:19:39	0:18:45	0:19:02	0:18:54	0:19:29	0:20:15	0:21:29			

	98	Keith Whyte	Ennis	MS	DNF	0:19:59	0:19:12	0:19:04	0:19:34	0:20:00	0:20:31	0:21:42			
	41	Joe Dunne	Crusaders	M45	DNF	0:26:53	0:25:24	0:25:09	0:25:53	0:22:59	0:23:26	0:26:47			
	139	Aidan blake	Le cheile	MS	DNF	0:23:10	0:21:19	0:21:58	0:22:09	0:22:11	0:23:29	0:27:50			
	23	Philip niland	celbridge	MS	DNF	0:22:32	0:20:36	0:20:51	0:19:28	0:19:23	0:19:48	0:28:06			
	119	Charlotte Kearney	Donadea	F35	DNF	0:24:28	0:23:31	0:23:38	0:23:26	0:23:39	0:24:03	0:29:05			
	105	john Coleman		M35	DNF	0:26:53	0:25:24	0:25:10	0:25:52	0:28:45	0:26:59	0:29:12			
	52	James brown	Donadea	M40	DNF	0:30:00	0:28:35	0:28:18	0:28:11	0:28:38	0:30:30	0:34:58			
	61	Kevin fee	Naas tri	M40	DNF	0:32:23	0:31:04	0:31:29	0:33:18	0:38:29	0:41:31	0:42:07			
	49	Niall Campbell	Tallaght	M35	DNF	0:24:37	0:23:29	0:23:32	0:23:26	0:23:40	0:24:32				
	87	Eamon dargan	100 Mara club	M40	DNF	0:30:01	0:28:31	0:28:20	0:29:41	0:30:47	0:36:25				
	58	Alan boon	100 Mara club	M40	DNF	0:26:54	0:25:51	0:24:51	0:26:15	0:28:15	0:40:06				
	21	Miguel balala	Cocos ac	M35	DNF	0:29:17	0:27:09	0:27:27	0:29:23	0:40:50					
	99	Valerie glavin	Athenry	M35	DNF	0:30:56	0:29:59	0:30:02	0:29:46	0:36:00					
	20	Fran egan			DNF	0:24:12	0:23:54	0:23:32	0:23:25	0:23:40					