

# TIMETABLE REVISION TWO

## Galway Indoor Track & Field Championships 2016 Athlone International Arena Sunday 24th Jan 2016 @ 9.00am

**PLEASE NOTE ALL TIMES ARE PROVIDED HERE AS GUIDELINES ONLY TO ALLOW ATHLETES AND COACHES TO ESTIMATE THEIR EVENT START TIMES.**

The order of events will remain as per below but all start times are provisional and subject to change. They will be brought forward if the day runs smoothly so please arrive at least an hour before the time listed below. If behind schedule, athletes can use the info below to estimate a revised start time as the order of events will be adhered to.

### RACE NUMBERS

Race numbers can be collected upstairs overlooking the track.

### WARM-UP AREA

The warmup area is upstairs overhead the seating area. Only competing athletes allowed in the warm-up area. No spectators are allowed in the warm-up area. No relay practise in the warm-up area - please go outside for that.

### ASSEMBLY AREA

Assembly for the outer track is upstairs beside the numbers collection point.  
Assembly for the inner track is downstairs in the corner beside the shot putt area.  
Assembly for the field events is on the benches alongside the track on the side with the glass wall.  
There will be spot checks on spikes length in assembly - only 5mm spikes allowed.

### TRACK AND EVENTS AREA

Only competing athletes and officials allowed on the track.  
Coaches will be briefly allowed in to help athletes get marks prior to long jump or high jump.

### SPECTATORS

Please remain seated as much as possible.  
No food or fizzy drinks allowed in the arena. Please eat in the area provided beside the entrance.  
Or go to the canteen in the main campus building - opening times 9am-5pm.

### TAKING OF PHOTOGRAPHS

Parents clearly may take photographs of their own child.  
In all other cases, designated club photographers should register as such with the competition secretary and need to complete a self-certification form which the competition secretary will provide.  
No other photographers are permitted at the event.

### OFFICIALS

Each lead role should go to PA at start of their day and call their team in.  
Members of each team should not leave their role until replaced by their club colleague where indicated below.  
The organisers are very grateful to all officials for their volunteerism and encourage spectating parents to lend a hand to relieve people for lunch during the day. Please just come to PA if you wish to help.

<u>General</u>			<u>Field Assembly</u>			<u>Inner Track</u>		
Event Director	Brendan Treacy	(Craughwell)	Assembly Lead	Andrea Sellars	(Loughrea)	Assembly Lead	Peter Lyons	(Athenry)
Competition Secretary	Michael Tobin	(Craughwell)	Assistant			Asst. Assembly		
Asst. Secretary	Orla Irwin	(Craughwell)	Assistant			Asst. Assembly		
Track & Field Referee						Starter	Oliver Geraghty	(GCH)
Electronic timing	Iain Shaw	(Athenry)	<u>Long Jump 1</u>			Asst. Starter	Mike Molloy	(Athenry)
	Colm Conway	(Connemara)	Lead/Recorder	Declan Durrane	(South Galway)			
			Assistant	Fiona Dononhe/Francis Duffy	(Loughrea)	<u>Outer Track</u>		
Results	Denise Kelly/Ger Farelly	(Craughwell)	Assistant	Michael Donahue/Mi Fallon	(Caltra)	Assembly Lead		
	Pauline Murphy	(Connemara)	Assistant	Jane Kinane/Noel Gorman	(Craughwell)	Asst. Assembly		
PA/Presentation	James Lundon	(Athenry)	Assistant			Asst. Assembly		
			<u>Long Jump 2</u>			Starter	Eamonn O'Donnell	(GCH)
			Lead/Recorder	Ger Farrell	(Loughrea)	Asst. Starter		
			Assistant	Daithi Cronin/Kieran Quinn	(Craughwell)	Finisher	Paul Sheedy	(South Galway)
			Assistant			Finisher		
			Assistant			Manual timing		
			Assistant			Zone judges (8)		
			Assistant			Relay assembly (6)		
			<u>High Jump</u>			Race Walks	Alison Finn	(Craughwell)
			Lead/Recorder	Dermot McNamara	(Athenry)			
			Assistant	Yvonne Knight	(Athenry)			
			Assistant	Cathal Hynes/Shane Comer	(Craughwell)			
			<u>Shot Putt</u>					
			Lead/Recorder	Mary Barrett	(Loughrea)			
			Assistant 1	Stanley Irwin	(Craughwell)			
			Assistant 2	Valerie Byrne	(South Galway)			
			Assistant 3					

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<u>Time</u>	<u>Inner Track</u>	<u>Entries</u>	<u>Time</u>	<u>Outer Track</u>	<u>Entries</u>	<u>Time</u>	<u>Field</u>	<u>Entries</u>
10:00	U13 Girls Hurdles (2' 3", green)	13	09:40	Senior Women 3000m	4	09:00	U14 Girls Long Jump	36
10:14	U13 Boys Hurdles (2' 3", green)	13	09:55	Senior Men 3000m	10	10:48	U15 Girls Long Jump	15
10:28	U14 Girls Hurdles (2' 3", orange)	22	10:10	1000m Walk (All ages)	4	11:33	U13 Girls Long Jump	23
10:49	U14 Boys Hurdles (2' 6", orange)	11	10:15	U13 Girls 4x100m Heats	8	12:42	Senior Women Long Jump	5
11:03	U15 Girls Hurdles (2' 6", black)	12	10:31	U13 Boys 4x100m Heats	10	12:57	U16/17 Girls Long Jump	11
11:17	U16/17 Girls Hurdles (2' 6", black)	6	10:47	U14 Girls 4x200m Heats	15	13:30	U11 Girls Long Jump	32
11:24	U15 Boys Hurdles (2' 9", black)	4	11:11	U14 Boys 4x200m Heats	9	15:06	U10 Girls Long Jump	31
11:31	U16/17 Boys Hurdles (2' 9", yellow)	2	11:27	U15 Girls 4x200m Heats	8	16:39	U10 Boys Long Jump	23
11:38	Senior Women Hurdles	1	11:43	U13 Girls 4x100m Final	6	17:48	<b>Finish</b>	
11:45	Senior Men Hurdles	4	11:51	U13 Boys 4x100m Final	6			
	<b>Clear away hurdles</b>		11:59	U14 Girls 4x200m Final	6	09:00	U15 Boys Long Jump	12
12:02	Senior Women 60m Heats	9	12:07	U14 Boys 4x200m Final	6	09:36	Senior Men Long Jump	8
12:08	Senior Men 60m Heats	26	12:15	U15 Girls 4x200m Final	6	10:00	U16/17 Boys Long Jump	6
12:20	U16/17 Girls 60m	6	12:23	U15 Boys 4x200m Final	3	10:18	U14 Boys Long Jump	23
12:23	U16/17 Boys 60m	7	12:31	U16/17 Girls/Boys 4x200m Final	5	11:27	U13 Boys Long Jump	21
12:26	U15 Girls 60m	14	12:39	Senior Women/Men 4x200m Final	5	12:30	U11 Boys Long Jump	28
12:32	U15 Boys 60m	13	12:47	Senior Women 800m	5	13:54	U12 Girls Long Jump	45
12:38	U14 Girls 60m	51	12:52	Senior Men 800m	14	16:09	U12 Boys Long Jump	30
12:59	U14 Boys 60m	22	13:02	U16/17 Girls 800m	10	17:39	<b>Finish</b>	
13:08	U13 Girls 60m	28	13:07	U16/17 Boys 800m	13			
13:20	U13 Boys 60m	31	13:17	U15 Girls 800m	4	09:00	Senior Women Shot Putt (4kg)	3
13:32	Senior Women 60m Final	8	13:22	U15 Boys 800m	11	09:09	Senior Men Shot Putt	8
13:35	Senior Men 60m Final	8	13:27	U14 Girls 800m	25	09:33	U16/17 Girls Shot Putt (3kg)	4
13:38	<b>Lunch</b>		13:42	U14 Boys 800m	14	09:45	U16/17 Boys Shot Putt (4kg)	3
14:30	U12 Girls Hurdles (2', green)	24	13:52	U13 Girls 600m	21	09:54	U15 Girls Shot Putt (2.72kg)	5
14:51	U12 Boys Hurdles (2', green)	16	14:02	U13 Boys 600m	28	10:09	U15 Boys Shot Putt (3.25kg)	4
15:05	U10 Girls 60m	44	14:17	Senior Women 200m	12	10:21	U14 Girls Shot Putt (2kg)	14
15:23	U10 Boys 60m	26	14:23	Senior Men 200m	25	11:03	U14 Boys Shot Putt (2.72kg)	8
15:35	U11 Girls 60m	46	14:38	U16/17 Girls 200m	17	11:27	U13 Girls Shot Putt (2kg)	8
15:53	U11 Boys 60m	37	14:47	U16/17 Boys 200m	13	11:51	U13 Boys Shot Putt (2kg)	13
16:08	U12 Girls 60m	55	14:56	U11 Girls 4x100m Heats	11	12:30	<b>Lunch</b>	
16:29	U12 Boys 60m	37	15:12	U11 Boys 4x100m Heats	10	13:30	U12 Girls Shot Putt (2kg)	12
16:44	<b>Finish</b>		15:28	U12 Girls 4x100m Heats	17	14:06	U12 Boys Shot Putt (2kg)	12
			15:52	U12 Boys 4x100m Heats	13	14:42	<b>Finish</b>	
			16:16	U10 Girls 4x100m Heats	11			
			16:32	U10 Boys 4x100m Heats	6	09:00	U13 Girls High Jump	6
			16:40	U11 Girls 4x100m Final	6	09:30	U13 Boys High Jump	8
			16:48	U11 Boys 4x100m Final	6	10:10	U15 Girls High Jump	3
			16:56	U12 Girls 4x100m Final	6	10:25	U15 Boys High Jump	4
			17:04	U12 Boys 4x100m Final	6	10:45	U16/17/Senior Women High Jump	9
			17:12	U10 Girls 4x100m Final	6	11:30	U14 Boys High Jump	8
			17:20	U10 Boys 4x100m Final	6	12:10	U14 Girls High Jump	11
			17:28	U11 Girls 600m	27	13:05	U16/17/Senior Men High Jump	7
			17:43	U11 Boys 600m	24	13:40	<b>Lunch</b>	
			17:53	U10 Girls 400m	37	14:30	<b>Officials help at long jump</b>	
			18:13	U10 Boys 400m	29	16:30	U12 Girls High Jump	11
			18:28	U12 Girls 600m	37	17:25	U12 Boys High Jump	8
			18:48	U12 Boys 600m	35	18:05	<b>Finish</b>	
			19:03	<b>Finish</b>				